GOTHI CONFERENCE



13.75 CME

DIABETES COMPLICATIONS

Under The Patronage of

WHEEL

Her Excellency PD HALA ZAYED Minister of Health and Population

CHAIRMAN Prof. MOHAMED FAWZY EL SODA President of General Organization of Teaching Hospitals and Institutes



24th-25th September 2021

Welcome Message

Dear Esteem Professors

The GOTHI CONFERENCE 2021 is projected to be one of the most informative and Updated conference of the year. Subjecting the Diabetes wheel as a focus of paramount importance from all its prospective from diabetes , vascular , diabetic foot , cardiac, pediatric type I Diabetes , nephorology complications, opthalmological, dental complications and last but not least laboratory as well as radiological assessment.

An array of GOTHI expert professors in collaboration with university professors will present on their area of expertise.

The many refined workshops as well as eloquent sessions will have topics of interest for clinical practice in the domain of Diabetes and the wheel of its complications and hence the theme "Diabetes Complications Wheel " conveying personal everyday challenges and solutions in all perspectives of contributing specialities.

I look forward to this unique opportunity to share our care and experience with all professors at General Organization of Teaching Hospitals and Institutes as well as Egyptian universities to learn about the latest trends and pathways and clinical experience in this domain

Of course this conference is gifted to the Trainees of Egyptian Fellowship in the above mention specialities as a dedicated mission of GOTHI that consider its pillars to be teaching, research, and clinical management.



Prof. MOHAMED FAWZY EL SODA Mohamed Fawzy El Soda

President of General Organization of Teaching Hospitals and Institutes

Organizing Committee "Names arranged alphabetically"

Prof. Ahmed Hassanein Prof. Amr El-Ghandor Prof. Hany El-Shahidy Prof. Ihab Nabil Hanna

Scientific Committee "Names arranged alphabetically "

Prof. Ahmed Hassanein Prof. Hazem Khamis Prof. Inas Shaltot Prof. Mohamed Hassany Prof. Nagham Abed Prof. Sherine Abdel Ghafar

Faculty "Names arranged alphabetically"

Abdel Fattah Hegazy Ahmed Abdel Sattar Ahmed Al Taweel Ahmed Ezz Ahmed Galal Ahmed Hassan Ahmed Hassanein Ahmed Magdy Ahmed Mehrez Ahmed Mostafa Ahmed Sabawy Ahmed Said Ahmed Taha Amr Abo El Rous Amr Bayoumy Amr El-Ghandour Amr Mahfouz Ashraf Hassan Ashraf Ismail Ashraf Lotfy Atef Bassiony **Basem Zarif** Bassem Eissa Belal Omar El Muntasir Taha Mohamed Enas El Sayed Fatma El-Shabacy Gamila Nasr Gihan Amer Gihan Fouad Hanan El-Ghoneimy Hany El-Shahidy Hany Imbaby Hany Nasr Hany Ragy Hazem El-Nashar Hazem Khamis Heba Ramadan

Hesham Amr Hesham Nasr Ihab Nabil Hanna Iman Soultan Inas Shaltot Khaled Hindawy Khaled Tohamy Laila Shalaby Magdy El Abady Maged Ramsis Marko Farouk Mohamed Abdel Hady Mohamed El Sharkawy Mohamed El-Nakhilv Mohamed Helmv Mohamed Kashkoush Mohamed Moustafa Adel Ghaffar Mohamed Salah Mohamed Salah Eldin Zaki Mohamed Tahoon Mohsen Khaled Mona Abdel Motaleb Mona Attia Morad El Kholy Nagham Abed Nermeen Haider Nibal Abdel Rahman Osama El Balkv Randa Darwish Rashad Beshara Samy Abbas Sherif Safwat Sherine Abdel Ghafar Tarek Fakhr Tarek Fakhr Osman **Tarek Naguib** Wael El-Darandaly

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AMERICAN ASSOCIATION *Of* CONTINUING MEDICAL EDUCATION®



GOTHI Conference "Diabetes Complications Wheel"

September 24-25, 2021

Accreditation Statement

his activity has been planned and implemented in accordance with the Association's Accreditation Standards & Policies through joint-sponsorship with the **General Organization** *for* **Teaching Hospitals & Institutes.**

Misr2000 Medical Conferences, Egypt has been accredited by the **American Association** *of* **Continuing Medical Education**® to sponsor continuing medical education for physicians.

The Organizing Committee of the **GOTHI Conference "Diabetes Complications Wheel"** takes responsibility for the content, quality and scientific integrity of this CME activity.

The Organizing Committee of the **GOTHI Conference** "Diabetes Complications Wheel" presents this activity for educational purposes only.

Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine.

The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

Credit Designation

The Accreditation Review Committee (ARC) of the **American Association** *of* **Continuing Medical Education**® designates this medical education activity for a maximum of **13.75** hours in the Category 1 credit of the Association's Designation. Each physician must claim only those credits that he/she actually spent in the activity.

Conflict of Interest Disclosure

It is the policy of the **American Association** of **Continuing Medical Education**® to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs.

All faculty participating in continuing medical education activities sponsored by **Misr2000 Medical Conferences**, Egypt are required to disclose to the program audience any real or apparent conflict of interest related to the content of their presentations.

All faculty are also required to disclose any discussions of unlabeled/unapproved uses of drugs or devices.



09:00 - 06:00 BLS / ALS Prof. Hany El-Shahidy

> Due to Covid-19 Conditions, only 20 Persons will be allowed to attend each Workshop

10:00 - 12:00 Endovenous (Radiofrequency & Laser) Varicose Veins Vblation Duplex guided puncture

Foam sclerotherapy

Prof. Ihab Nabil Hanna Prof. Hany EL Embaby Prof. Amr Abou AL Rous Prof. Khaled El-Kaffas



04:10 - 06:10 VAC therapy and Wound Care management Prof. Ihab Hanna Prof. Ahmed Al Taweel



Opening Ceremony

01:00 - 01:15 pm

PD Hala Zayed Minister of Health and Population

PD Mohamed Fawzy

President of General Organisation of Teaching Hospitals & Institutes Chairperson of GOTHI Congress



The role of interprofessional collaboration in prevention of DM complications **Prof. El Muntasir Taha Mohamed** (Dean of faculty of medicine National Ribat University) Professor of pediatrics and medical education, Dean of Faculty of Medicine, The National Ribat University

01:30 - 02:00 Coffee Break 🖐



ChairpersonsNames arranged alphabeticallyProf. Hanan El GhoneimyProf. Mohamed TahonProf. Hany NasrProf. Nagla HassanProf. Hazem Al NasharProf. Wael Eldarandly

Diabetic's eye complications meet the expert

02:00 - 02:10 **Prof. Hany Nasr (MIOR)** Past president of GOTHI Past Dean of MIOR

Retinal Imaging in diabetic patients

02:10 - 02:20 **Prof. Hanan El Ghoneimy (MIOR)** Dean of MIOR

Non-surgical management Management of Diabetic Retinopathy

02:20 - 02:30 Prof. Hazem AL Nashar (MIOR) VISE Dean of MIOR

Surgical management of Diabetic Retinopathy

02:30 - 02:35 Prof. Ihab Abdel Aziz (MIOR)

Ocular signs in children with diabetes

02:35 - 02:45 **Prof. Heba Metwally (MIOR)** Dean associate for MIKE administration



Vascular Session

02:45 - 03:55 pm

Chairpersons [•] Names arranged alphabetically [•] Prof. Ahmed Abdel Sattar Prof. Ahmed Said Prof. Ahmed Taha Prof. Ihab Nabil Hanna

Prof. Khaled Hindawy Prof. Mohamed El Sharkawy Prof. Rashad Beshara

Limb salvage portrait in hands of vascular surgeon

02:45 - 02:55 **Prof. Ihab Nabil Hanna (NIDE)** Dean of NIDE Head of Vascular & DF department

Ischaemic DF how I proceed

02:55 - 03:05 **Prof. Ahmed Abdel Sattar (Mattaria teaching Hospital)** Consultant Vascular Surgeon, Mattaria teaching Hospital

Hybrid intervention in DF

03:05 - 03:15 **Prof. Mourad El Kholy (**NIDE) Consultant Vascular Surgeon

The art of endovascular intervention

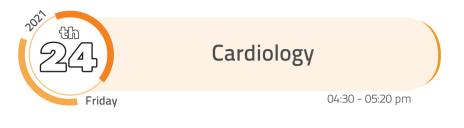
03:15 - 03:25 Prof. Mohamed Kashkoush (NIDE) Vascular Specialist

Laser weapon to treat Varicose veins in diabetics

03:25 - 03:35 Prof. Amr Abou El Rous (NIDE) Vascular Specialist

Wound care in diabetics in hands of vascular surgeons

- 03:35 03:45 Prof. Ahmed Al Taweel (NIDE) Vascular Specialist
- 03:45 03:55 Discussion
- 03:55 04:25 **Coffee Break**



Chairpersons "Names arranged alphabetically" Prof. Ahmed Hassanein Prof. Khaled Tohamy Prof. Laila Shalaby Prof. Tarek Naguib

Chest pain from ER to cardiac cath

04:30 - 04:40 **Prof. Hazem Khamis**

New cholesterol guidelines based on

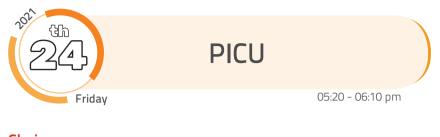
04:40 - 04:50 **Prof. Hany Ragy**

Cardiovascular risk factor in Egypt"AHA feel the beat campaign

04:50 - 05:00 Prof. Hany El-Shahidy

Cardiac perioperative tips and tricks in diabetic patients

- 05:00 05:10 Prof. Amr El-Ghandour
- 05:10 05:20 **Discussion**



Chairpersons "Names arranged alphabetically" Prof. Ahmed Galal Prof. El Muntasir Taha Mohamed Prof. Mona Attia Prof. Hesham El-Hefnawy

Prof. Nermine Haider Prof. Sherine Abdel Ghafar Prof. Randa Darwish Prof. Gehan Amer

Management of type I DM in children

05:20 - 05:30 **Prof. Mona Attia (**NIDE ,Cairo university) Consultant of pediatric Endocrinology

Management of type I DM in adolescence

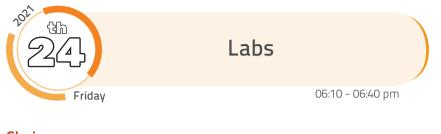
05:30 - 05:40 **Prof. Sherine Abdel Ghafar (Cairo university)** Consultant of Pediatric Endocrinology, Cairo University

Bicarb not always our enemy in DKA in Childrenn

05:40 - 05:50 **Prof. Ahmed Galal (NIDE , Cairo university)** Consultant of pediatric critical care

Message to mothers of type I diabetes children

- 05:50 06:00 **Prof. Randa Darwish (NIDE)** Consultant of pediatric and endocrine
- 06:00 06:10 Discussion



Chairpersons "Names arranged alphabetically" Prof. Ashraf Ismail Prof. Ashraf lotfy Prof. Nagham Abed

Prof. Ghada Hussein

Prof. Ibrahim Emara

DM secondary to endocrine disorders : when to think

06:10 - 06:20 **Prof. Ayat I Ghanem (NIDE)** Consultant

The time is right for a new classification system for diabetes

- 06:20 06:30 Prof. Ghada A Omar (NIDE)
- 06:30 06:40 **Discussion**



Gastrentrology

06:40 - 07:20 pm

Chairpersons "Names arranged alphabetically" Prof. Ashraf lotfy Prof. Bassem Essa Prof. Mohamed Moustafa Abdel Ghafar

Diabetes and GIT

06:40 - 06:50 **Prof. Mohamed Moustafa Abdel Gafar** (Ahmed Maher Teaching Hospital) Consultant of gastroenterology and GIT endoscope

NonAlchoholic Fatty Pancreas

06:50 - 07:00 **Prof. Kamal Hassan (NHTMRI)** Consultant of Hepatology

Role of GIT endoscopy in type II DM

- 07:00 07:10 **Prof. Ahmed Hany (NHTMRI)** Consultant of Hepatology
- 07:10 07:20 **Discussion**

07:20 Dinner 🧖



09:00 - 06:00 BLS / ALS Prof. Hany El-Shahidy

> Due to Covid-19 Conditions, only 20 Persons will be allowed to attend each Workshop

- 10:00 11:00 Endovenous (Radiofrequency & Laser) Varicose Veins Vblation Duplex guided puncture Foam sclerotherapy Prof. Ihab Nabil Hanna Prof. Hany EL Embaby
- 11:30 12:30 VAC therapy and Wound Care management Prof. Ihab Hanna Prof. Ahmed Al Taweel
- 01:00 02:00 Wound Care Management Prof. Ihab Hanna

Prof. Amr Abou AL Rous Prof. Khaled Fl-Kaffas

02:30 - 03:30 SUPERA stent hands on for femoro-popliteal lessions Dr. Ahmed Khamis



ChairpersonsNames arranged alphabeticallyProf. Ahmed HassaneinProf. Hesham NasrProf. Hany El-ShahidyProf. Maged RamsisProf. Hazem KhamisProf. Mohamed Helmy

Coronary revascularization in DM lessons and challenges

10:00 - 10:10 Prof. Ahmed Magdy

CTO revascularization in high risk ACS in diabetics

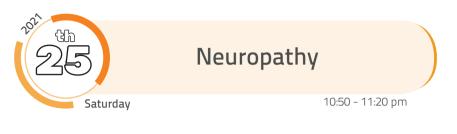
10:10 - 10:20 **Prof. Hesham Amr**

DM & Cardiovascular events. The unresolved Conundrum

10:20 - 10:30 Prof. Magdy El Abady

Management of cardiovascular diabetes complications

- 10:30 10:40 **Prof. Gamila Nasr**
- 10:40 10:50 **Discussion**



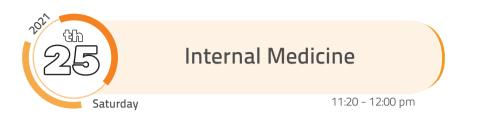
Chairpersons *Names arranged alphabetically* Prof. Ahmed Sabawy Prof. Atef Bassiouny Prof. Heba Ramadan Prof. Ibrahim Al-Abrashi Prof. Ihab Nabil Hanna Prof. Mona Abdel Motaleb

Parathetic feet in diabetics do not take it easy

10:50 - 11:00 **Prof. Atef Bassiony (NIDE)** Consultant Endocrine and head of IM department

Diabetic neuropathy how I beet it

- 11:00 11:10 **Prof. Ahmed Sabawy (NIDE)** Specialist of Endocrine
- 11:10 11:20 Discussion



Chairpersons "Names arranged alphabetically"	n
Prof. Amr Mahfouz	Prof. Heba Ramadan
Prof. Atef Bassiony	Prof. Inas shaltot
Prof. Belal Omar	Prof. Mohsen Khaled
Prof. Fatma El Shobashy	Prof. Mona Abdel Motaleb

Management of Type I diabetes in young adults

11:20 - 11:30 **Prof. Inas Shaltot (Cairo university)** Professor of Endocrine Founder and head of Arabic Association for the study of Diabetes & metabolism (AASD)

Update in management of type II diabetes guidelines

11:30 - 11:40 **Prof. Mohsen Khaled (NIDE)** Consultant Endocrine

Endocrine disorders in diabetics

- 11:40 11:50 **Prof. Amr Mahfouz (NIDE)** Consultant Endocrine
- 11:50 12:00 **Discussion**
- 12:00 12:30 Coffee Break 🐡



Chairpersons "Names arranged alphabetically" Prof. Gihan Fouad Prof. Iman Sultan Prof. Mona Abdel Motaleb

Prof. Nibal Abdel Rahman Prof. Sherif Safwat

Nutrition of diabetics the smart art

12:30 - 12:40 **Prof. Mona Abdel Motaleb (NIDE)** Scientific Vise dean of NIDE

Nutritional problems post bariatric surgery

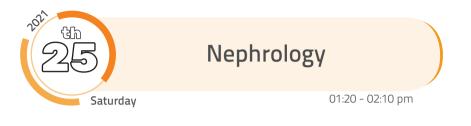
12:40 - 12:50 **Prof. Iman Sultan (**NNI **)** Consultant of Consultant of Clinical Nutrition & Endocrinology at NNI

Challenges of breastfeeding in diabetic mother

12:50 - 01:00 **Prof. Gihan Fouad (NNI)** Dean of National Nutritional Institute

Low charbohydrates vs low fat diet and type II diabetes: what is the latest Evidence?

- 01:00 01:10 **Prof. Nebal Abdel Rahman (NNI)** Consultant of Clinical Nutrition at NNI
- 01:10 01:20 **Discussion**



ChairpersonsNames arranged alphabeticallyProf. Abdel Fattah HegazyProProf. Enass El SayedProProf. Ihab HannaPro

Prof. Mohamed Salah Prof. Tarek Fakhr

Renal pathophysiological changes in DM

01:20 - 01:30 **Prof. Enas El Sayed (Ahmed Maher Teaching Hospital)** Head of nephrology department

Management of DM in CKD

01:30 - 01:40 **Prof. Ahmed Hassan (NIUN)** Head of nephrology department

Dialysis in Diabetic Patients

01:40 - 01:50 **Prof. Tarek Fakhr Osman (NIUN)** Vise Dean of NIUN

Post kidney Transplantation Diabetes

- 01:50 02:00 **Prof. Mohamed Salah Eldin Zaki (NIUN)** Dean of NIUN
- 02:00 02:10 **Discussion**
- 02:10 02:40 **Coffee Break**



Miscellaneous (Dentist, G. Surgery, Clinical Pharmacy, Labs, Radiology)

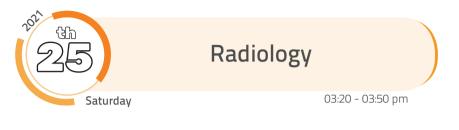
02:40 - 03:20 pm

Chairpersons "Names arranged alphabetically"	
Prof. Abdel Fattah Hegazy	Prof. I
Prof. Ahmed Mehrez	Prof. I
Prof. Alaa El-Erian	Prof. (
Prof. Bassem Eissa	Prof.
Prof. Hany Embaby	Prof. `

Prof. Mohamed El Nekhily Prof. Mohamed Moustafa Adel Ghaffar Prof. Osama El Balky Prof. Tarek Abdallah Prof. Yehia El-Sayed

02:40 - 02:50 **Dentist** Diabetes and dental challenges **Prof. Tarek Abdallah (NIDE)** Consultant dental surgeon

- 02:50 03:00 G. Surgery Bariatric surgery as a solution to control DM Prof. Marko Farouk (AL Sahel Teaching Hospital) Consultant of general surgery
- 03:00 03:10 Clinical Pharmacy Antibiotic in DF Prof. Nermeen El Shinawy (NIDE) Clinical Pharmacist
- 03:10 03:20 Discussion



Chairpersons "Names arranged alphabetically" Prof. Ahmed Farouk Prof. Ibrahim Shalaby

Teleradiology & PACS the obligatory way in radiology

03:20 - 03:30 **Prof. Ibrahim Shalaby (GOTHI radiology coordinator)** Consultant Radiology

Radiology in DM

- 03:30 03:40 **Prof. Safaa Awad (NIDE)** Consultant Radiology
- 03:40 03:50 **Discussion**
- 03:40 03:50 Closing
- 04:00 Lunch

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DIABETES COMPLICATIONS







Contact Us

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