

GOTHI CONFERENCE



DIABETES COMPLICATIONS

WHEEL



Under The Patronage of
Her Excellency PD **HALA ZAYED**
Minister of Health and Population



CHAIRMAN
Prof. MOHAMED FAWZY EL SODA
President of General Organization of
Teaching Hospitals and Institutes



Cairo Marriott Hotel

24th-25th
September 2021

Welcome Message

Dear Esteem Professors

The GOTHY CONFERENCE 2021 is projected to be one of the most informative and Updated conference of the year. Subjecting the Diabetes wheel as a focus of paramount importance from all its prospective from diabetes , vascular , diabetic foot , cardiac, pediatric type I Diabetes , nephrology complications, ophthalmological, dental complications and last but not least laboratory as well as radiological assessment.

An array of GOTHY expert professors in collaboration with university professors will present on their area of expertise.

The many refined workshops as well as eloquent sessions will have topics of interest for clinical practice in the domain of Diabetes and the wheel of its complications and hence the theme "Diabetes Complications Wheel " conveying personal everyday challenges and solutions in all perspectives of contributing specialities.

I look forward to this unique opportunity to share our care and experience with all professors at General Organization of Teaching Hospitals and Institutes as well as Egyptian universities to learn about the latest trends and pathways and clinical experience in this domain

Of course this conference is gifted to the Trainees of Egyptian Fellowship in the above mention specialities as a dedicated mission of GOTHY that consider its pillars to be teaching , research , and clinical management .



Prof. MOHAMED FAWZY EL SODA

Mohamed Fawzy El Soda

President of General Organization of
Teaching Hospitals and Institutes

Organizing Committee “ Names arranged alphabetically ”

Prof. Ahmed Hassanein

Prof. Amr El-Ghandor

Prof. Hany El-Shahidy

Prof. Ihab Nabil Hanna

Scientific Committee “ Names arranged alphabetically ”

Prof. Ahmed Hassanein
Prof. Hazem Khamis
Prof. Inas Shaltot
Prof. Mohamed Hassany
Prof. Nagham Abed
Prof. Sherine Abdel Ghafar

Faculty “ Names arranged alphabetically ”

Abdel Fattah Hegazy
Ahmed Abdel Sattar
Ahmed Al Taweel
Ahmed Ezz
Ahmed Galal
Ahmed Hassan
Ahmed Hassanein
Ahmed Magdy
Ahmed Mehrez
Ahmed Mostafa
Ahmed Sabawy
Ahmed Said
Ahmed Taha
Amr Abo El Rous
Amr Bayoumy
Amr El-Ghandour
Amr Mahfouz
Ashraf Hassan
Ashraf Ismail
Ashraf Lotfy
Atef Bassiony
Basem Zarif
Bassem Eissa
Belal Omar
El Muntasir Taha Mohamed
Enas El Sayed
Fatma El-Shabacy
Gamila Nasr
Gihan Amer
Gihan Fouad
Hanan El-Ghoneimy
Hany El-Shahidy
Hany Imbaby
Hany Nasr
Hany Ragy
Hazem El-Nashar
Hazem Khamis
Heba Ramadan
Hesham Amr
Hesham Nasr
Ihab Nabil Hanna
Iman Soultan
Inas Shaltot
Khaled Hindawy
Khaled Tohamy
Laila Shalaby
Magdy El Abady
Maged Ramsis
Marko Farouk
Mohamed Abdel Hady
Mohamed El Sharkawy
Mohamed El-Nakhily
Mohamed Helmy
Mohamed Kashkoush
Mohamed Moustafa Adel Ghaffar
Mohamed Salah
Mohamed Salah Eldin Zaki
Mohamed Tahoon
Mohsen Khaled
Mona Abdel Motaleb
Mona Attia
Morad El Kholy
Nagham Abed
Nermeen Haider
Nibal Abdel Rahman
Osama El Balky
Randa Darwish
Rashad Beshara
Samy Abbas
Sherif Safwat
Sherine Abdel Ghafar
Tarek Fakhr
Tarek Fakhr Osman
Tarek Naguib
Wael El-Darandaly

DIABETES COMPLICATIONS WHEEL

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AMERICAN ASSOCIATION *of* CONTINUING MEDICAL EDUCATION®



GOTHI Conference "Diabetes Complications Wheel"

September 24-25, 2021

Accreditation Statement

his activity has been planned and implemented in accordance with the Association's Accreditation Standards & Policies through joint-sponsorship with the **General Organization for Teaching Hospitals & Institutes**.

Misr2000 Medical Conferences, Egypt has been accredited by the **American Association of Continuing Medical Education®** to sponsor continuing medical education for physicians.

The Organizing Committee of the **GOTHI Conference "Diabetes Complications Wheel"** takes responsibility for the content, quality and scientific integrity of this CME activity.

The Organizing Committee of the **GOTHI Conference "Diabetes Complications Wheel"** presents this activity for educational purposes only.

Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine.

The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

Credit Designation

The Accreditation Review Committee (ARC) of the **American Association of Continuing Medical Education®** designates this medical education activity for a maximum of **13.75** hours in the Category 1 credit of the Association's Designation. Each physician must claim only those credits that he/she actually spent in the activity.

Conflict of Interest Disclosure

It is the policy of the **American Association of Continuing Medical Education®** to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs.

All faculty participating in continuing medical education activities sponsored by **Misr2000 Medical Conferences**, Egypt are required to disclose to the program audience any real or apparent conflict of interest related to the content of their presentations.

All faculty are also required to disclose any discussions of unlabeled/unapproved uses of drugs or devices.

Joint-Sponsor: the General Organization for Teaching Hospitals & Institutes



Workshops

09:00 - 06:00 **BLS / ALS**
Prof. Hany El-Shahidy

Due to Covid-19 Conditions, only 20
Persons will be allowed to attend each Workshop

10:00 - 12:00 **Endovenous (Radiofrequency & Laser) Varicose Veins
Vblation
Duplex guided puncture
Foam sclerotherapy**
Prof. Ihab Nabil Hanna
Prof. Hany EL Embaby
Prof. Amr Abou AL Rous
Prof. Khaled El-Kaffas



04:10 - 06:10 **VAC therapy and Wound Care management**
Prof. Ihab Hanna
Prof. Ahmed Al Taweel



Friday

Opening Ceremony

01:00 - 01:15 pm

PD Hala Zayed

Minister of Health and Population

PD Mohamed Fawzy

President of General Organisation of Teaching Hospitals & Institutes Chairperson of GOTHI Congress



Congress Honorary Guests Session

Friday

01:15 - 01:30 pm

The role of interprofessional collaboration in prevention of DM complications

Prof. El Muntasir Taha Mohamed

(Dean of faculty of medicine National Ribat University)

Professor of pediatrics and medical education, Dean of Faculty of Medicine, The National Ribat University

01:30 - 02:00 **Coffee Break** 



Ophthalmology

Friday

02:00 - 02:45 pm

Chairpersons Names arranged alphabetically

Prof. Hanan El Ghoneimy

Prof. Mohamed Tahon

Prof. Hany Nasr

Prof. Nagla Hassan

Prof. Hazem Al Nashar

Prof. Wael Eldarandly

Diabetic's eye complications meet the expert

02:00 - 02:10

Prof. Hany Nasr (MIOR)

Past president of GOTH

Past Dean of MIOR

Retinal Imaging in diabetic patients

02:10 - 02:20

Prof. Hanan El Ghoneimy (MIOR)

Dean of MIOR

Non-surgical management Management of Diabetic Retinopathy

02:20 - 02:30

Prof. Hazem AL Nashar (MIOR)

VICE Dean of MIOR

Surgical management of Diabetic Retinopathy

02:30 - 02:35

Prof. Ihab Abdel Aziz (MIOR)

Ocular signs in children with diabetes

02:35 - 02:45

Prof. Heba Metwally (MIOR)

Dean associate for MIKE administration



Vascular Session

Friday

02:45 - 03:55 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Abdel Sattar

Prof. Khaled Hindawy

Prof. Ahmed Said

Prof. Mohamed El Sharkawy

Prof. Ahmed Taha

Prof. Rashad Beshara

Prof. Ihab Nabil Hanna

Limb salvage portrait in hands of vascular surgeon

02:45 - 02:55 **Prof. Ihab Nabil Hanna (NIDE)**

Dean of NIDE

Head of Vascular & DF department

Ischaemic DF how I proceed

02:55 - 03:05 **Prof. Ahmed Abdel Sattar (Mattaria teaching Hospital)**

Consultant Vascular Surgeon, Mattaria teaching Hospital

Hybrid intervention in DF

03:05 - 03:15 **Prof. Mourad El Kholy (NIDE)**

Consultant Vascular Surgeon

The art of endovascular intervention

03:15 - 03:25 **Prof. Mohamed Kashkoush (NIDE)**

Vascular Specialist

Laser weapon to treat Varicose veins in diabetics

03:25 - 03:35 **Prof. Amr Abou El Rous (NIDE)**

Vascular Specialist

Wound care in diabetics in hands of vascular surgeons

03:35 - 03:45 **Prof. Ahmed Al Taweel (NIDE)**

Vascular Specialist

03:45 - 03:55 **Discussion**

03:55 - 04:25 **Coffee Break** 



Cardiology

04:30 - 05:20 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Hassanein
Prof. Khaled Tohamy
Prof. Laila Shalaby
Prof. Tarek Naguib

Chest pain from ER to cardiac cath

04:30 - 04:40 **Prof. Hazem Khamis**

New cholesterol guidelines based on

04:40 - 04:50 **Prof. Hany Ragy**

Cardiovascular risk factor in Egypt”AHA feel the beat campaign

04:50 - 05:00 **Prof. Hany El-Shahidy**

Cardiac perioperative tips and tricks in diabetic patients

05:00 - 05:10 **Prof. Amr El-Ghandour**

05:10 - 05:20 **Discussion**

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PICU

05:20 - 06:10 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Galal

Prof. El Muntasir Taha Mohamed

Prof. Mona Attia

Prof. Hesham El-Hefnawy

Prof. Nermine Haider

Prof. Sherine Abdel Ghafar

Prof. Randa Darwish

Prof. Gehan Amer

Management of type I DM in children

05:20 - 05:30 **Prof. Mona Attia (NIDE ,Cairo university)**

Consultant of pediatric Endocrinology

Management of type I DM in adolescence

05:30 - 05:40 **Prof. Sherine Abdel Ghafar (Cairo university)**

Consultant of Pediatric Endocrinology, Cairo University

Bicarb not always our enemy in DKA in Children

05:40 - 05:50 **Prof. Ahmed Galal (NIDE , Cairo university)**

Consultant of pediatric critical care

Message to mothers of type I diabetes children

05:50 - 06:00 **Prof. Randa Darwish (NIDE)**

Consultant of pediatric and endocrine

06:00 - 06:10 **Discussion**

DIABETES COMPLICATIONS WHEEL



Labs

06:10 - 06:40 pm

Chairpersons Names arranged alphabetically

Prof. Ashraf Ismail

Prof. Ashraf lotfy

Prof. Nagham Abed

Prof. Ghada Hussein

Prof. Ibrahim Emara

DM secondary to endocrine disorders : when to think

06:10 - 06:20 **Prof. Ayat I Ghanem (NIDE)**

Consultant

The time is right for a new classification system for diabetes

06:20 - 06:30 **Prof. Ghada A Omar (NIDE)**

06:30 - 06:40 **Discussion**



Gastrentrology

06:40 - 07:20 pm

Chairpersons Names arranged alphabetically

Prof. Ashraf lotfy

Prof. Bassem Essa

Prof. Mohamed Moustafa Abdel Ghafar

Diabetes and GIT

06:40 - 06:50 **Prof. Mohamed Moustafa Abdel Gafar**
(**Ahmed Maher Teaching Hospital**)
Consultant of gastroenterology and GIT endoscope

NonAlcoholic Fatty Pancreas

06:50 - 07:00 **Prof. Kamal Hassan (NHTMRI)**
Consultant of Hepatology

Role of GIT endoscopy in type II DM

07:00 - 07:10 **Prof. Ahmed Hany (NHTMRI)**
Consultant of Hepatology

07:10 - 07:20 **Discussion**

07:20 **Dinner**





Workshops

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Vblation
Duplex guided puncture
Foam sclerotherapy**
Prof. Ihab Nabil Hanna
Prof. Hany EL Embaby
Prof. Amr Abou AL Rous
Prof. Khaled El-Kaffas



11:30 - 12:30 **VAC therapy and Wound Care management**
Prof. Ihab Hanna
Prof. Ahmed Al Taweel

01:00 - 02:00 **Wound Care Management**
Prof. Ihab Hanna

02:30 - 03:30 **SUPERA stent hands on for femoro-popliteal lessions**
Dr. Ahmed Khamis



Saturday

Cardiology

10:00 - 10:50 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Hassanein

Prof. Hesham Nasr

Prof. Hany El-Shahidy

Prof. Maged Ramsis

Prof. Hazem Khamis

Prof. Mohamed Helmy

Coronary revascularization in DM lessons and challenges

10:00 - 10:10 **Prof. Ahmed Magdy**

CTO revascularization in high risk ACS in diabetics

10:10 - 10:20 **Prof. Hesham Amr**

DM & Cardiovascular events. The unresolved Conundrum

10:20 - 10:30 **Prof. Magdy El Abady**

Management of cardiovascular diabetes complications

10:30 - 10:40 **Prof. Gamila Nasr**

10:40 - 10:50 **Discussion**



Saturday

Neuropathy

10:50 - 11:20 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Sabawy
Prof. Atef Bassiouny
Prof. Heba Ramadan
Prof. Ibrahim Al-Abrashi
Prof. Ihab Nabil Hanna
Prof. Mona Abdel Motaleb

Parathetic feet in diabetics do not take it easy

10:50 - 11:00 **Prof. Atef Bassiouny (NIDE)**
Consultant Endocrine and head of IM department

Diabetic neuropathy how I beet it

11:00 - 11:10 **Prof. Ahmed Sabawy (NIDE)**
Specialist of Endocrine

11:10 - 11:20 **Discussion**



Internal Medicine

Saturday

11:20 - 12:00 pm

Chairpersons * Names arranged alphabetically *

Prof. Amr Mahfouz

Prof. Heba Ramadan

Prof. Atef Bassiony

Prof. Inas Shaltot

Prof. Belal Omar

Prof. Mohsen Khaled

Prof. Fatma El Shobashy

Prof. Mona Abdel Motaleb

Management of Type I diabetes in young adults

11:20 - 11:30

Prof. Inas Shaltot (Cairo university)

Professor of Endocrine

Founder and head of Arabic Association for the study of Diabetes & metabolism (AASD)

Update in management of type II diabetes guidelines

11:30 - 11:40

Prof. Mohsen Khaled (NIDE)

Consultant Endocrine

Endocrine disorders in diabetics

11:40 - 11:50

Prof. Amr Mahfouz (NIDE)

Consultant Endocrine

11:50 - 12:00

Discussion

12:00 - 12:30

Coffee Break 



Nutrition

Saturday

12:30 - 01:20 pm

Chairpersons Names arranged alphabetically

Prof. Gihan Fouad

Prof. Nibal Abdel Rahman

Prof. Iman Sultan

Prof. Sherif Safwat

Prof. Mona Abdel Motaleb

Nutrition of diabetics the smart art

12:30 - 12:40 **Prof. Mona Abdel Motaleb (NIDE)**

Scientific Vice dean of NIDE

Nutritional problems post bariatric surgery

12:40 - 12:50 **Prof. Iman Sultan (NNI)**

Consultant of Consultant of Clinical Nutrition & Endocrinology at NNI

Challenges of breastfeeding in diabetic mother

12:50 - 01:00 **Prof. Gihan Fouad (NNI)**

Dean of National Nutritional Institute

Low carbohydrates vs low fat diet and type II diabetes: what is the latest Evidence?

01:00 - 01:10 **Prof. Nibal Abdel Rahman (NNI)**

Consultant of Clinical Nutrition at NNI

01:10 - 01:20 **Discussion**



Nephrology

Saturday

01:20 - 02:10 pm

Chairpersons Names arranged alphabetically

Prof. Abdel Fattah Hegazy

Prof. Mohamed Salah

Prof. Enass El Sayed

Prof. Tarek Fakhr

Prof. Ihab Hanna

Renal pathophysiological changes in DM

01:20 - 01:30 **Prof. Enas El Sayed (Ahmed Maher Teaching Hospital)**
Head of nephrology department

Management of DM in CKD

01:30 - 01:40 **Prof. Ahmed Hassan (NIUN)**
Head of nephrology department

Dialysis in Diabetic Patients

01:40 - 01:50 **Prof. Tarek Fakhr Osman (NIUN)**
Vise Dean of NIUN

Post kidney Transplantation Diabetes

01:50 - 02:00 **Prof. Mohamed Salah Eldin Zaki (NIUN)**
Dean of NIUN

02:00 - 02:10 **Discussion**

02:10 - 02:40 **Coffee Break** 

DIABETES COMPLICATIONS WHEEL



Miscellaneous

(Dentist, G. Surgery, Clinical Pharmacy,
Labs, Radiology)

Saturday

02:40 - 03:20 pm

Chairpersons Names arranged alphabetically

Prof. Abdel Fattah Hegazy

Prof. Mohamed El Nekhily

Prof. Ahmed Mehrez

Prof. Mohamed Moustafa Adel Ghaffar

Prof. Alaa El-Erian

Prof. Osama El Baky

Prof. Bassem Eissa

Prof. Tarek Abdallah

Prof. Hany Embaby

Prof. Yehia El-Sayed

02:40 - 02:50 **Dentist**

Diabetes and dental challenges

Prof. Tarek Abdallah (NIDE)

Consultant dental surgeon

02:50 - 03:00 **G. Surgery**

Bariatric surgery as a solution to control DM

Prof. Marko Farouk (AL Sahel Teaching Hospital)

Consultant of general surgery

03:00 - 03:10 **Clinical Pharmacy**

Antibiotic in DF

Prof. Nermeen El Shinawy (NIDE)

Clinical Pharmacist

03:10 - 03:20 **Discussion**



Radiology

Saturday

03:20 - 03:50 pm

Chairpersons Names arranged alphabetically

Prof. Ahmed Farouk

Prof. Ibrahim Shalaby

Teleradiology & PACS the obligatory way in radiology

03:20 - 03:30

Prof. Ibrahim Shalaby (GOTHI radiology coordinator)

Consultant Radiology

Radiology in DM

03:30 - 03:40

Prof. Safaa Awad (NIDE)

Consultant Radiology

03:40 - 03:50

Discussion

03:40 - 03:50

Closing

04:00

Lunch

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DIABETES COMPLICATIONS

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September 2021





WHEEL



Organized by



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