



The Egyptian Psychiatric
Association



1st

Annual Psychiatry Congress of Tanta Neuropsychiatry Department

In Collaboration with

The Egyptian Psychiatric Association

"The Present and Future of Precision Medicine in Psychiatry"

Under Patronage of

Prof. Magdy Sabaa

President of Tanta University

Prof. Mostafa ElSheikh

Vice President for Postgraduate Affairs

Prof. Amr Zoair

Vice Dean for Postgraduate Affairs and
Acting Dean of Tanta Faculty of Medicine

20th March 2019, Psychiatry, Neurology and Neurosurgery Center - Tanta
21st - 22nd March 2019, InterContinental City Stars Hotel, Cairo

Welcome Message



We are honored to welcome you to the 1st International Annual Psychiatry Congress, of Tanta Neuropsychiatry Department. I would like to extend a heart felt invitation to fellow psychiatrist to take part in Annual Psychiatry Congress of Tanta Neuropsychiatry Department which will be held at Intercontinental Cairo City Stars Hotel, from 21st - 22th March 2019, which will be an international one in corporation with different eminent psychiatrists from all over the world. The theme of the congress will be about The Present and Future of Precision Medicine in Psychiatry. Precision medicine is a concept which is recently gaining momentum in all branches of medicine.

In particular in psychiatry it is greatly needed given the huge societal costs of psychiatric disorders and, mainly, given the long time needed to observe benefit from treatments and the response variability. It will be an excellent gathering for the attendees to exchange scientific information and knowledge on the latest advances in psychiatry.

The congress organizing committee eagerly waits for a well organized scientific program and elaborate social events. I believe that you will have a very rewarding experience and return with fond memories that will last a lifetime.

Prof. Mai Eissa

Mai Eissa

President of the Conference

President of the conference

Prof. Mai Eissa

General Secretary

Prof. Hossam El Sawy

Honorary Presidents

Prof. Ahmed Okasha
Prof. Momtaz Abdel Wahab
Prof. Afaf Hamed
Prof. El Sayed Gad
Prof. Ahmed Mubarak
Prof. Gamal Shamma

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Prof. Ahmed Mubarak
Prof. Gamal Shamma

Conference Board

President: Prof. Mai Abdel-Raouf Eissa
Secretary: Prof. Hossam El Sawy
Coordinators: Prof. Ehab Ramadan
Prof. Adel Badawy

Scientific Committee

Prof. Ahmed Mubarak
Ass. Prof. Amr Haiba
Ass. Prof. Mohammed Sleem
Dr. Wesam Ghareeb
Dr. Reham Amer
Dr. Fatima El-Deeb

Organizing Committee

Prof. Adel Badawy
Dr. Amr Sarnagawy
Dr. Noha Fawzy
Dr. Mai Salem
Dr. Ahmed Osama
Dr. Mostafa Kandil
Dr. Dalia Mostafa
Dr. Osama Yonis
Dr. Sara Sleem

Conference Topics

- Addiction medicine.
- Advances in mood disorders.
- Advances in neuroimaging in psychiatry.
- Advances in psychopharmacology.
- Advances in psychotherapy.
- Anti-stigma programs.
- Brain stimulation in treatment of psychiatric disorders.
- Consultation liaison psychiatry
- Forensic psychiatry.
- Genetics and epigenetics in psychiatry.
- Mental health issues in children and adolescent.
- Mental health issues in elderly.
- Mental health issues in women.
- Personalized psychiatry.
- Schizophrenia spectrum disorders.
- Tele psychiatry.
- Dementia
- Parkinsonism
- Epilepsy

Wednesday
20th
March 2019

Registration

09:30 - 10:30

Hall 1

Workshop 1

10:30 - 13:00

Title: Addiction medicine, Dealing with unmotivated drug addict
Venue: Psychiatry, Neurology and Neurosurgery center, Tanta university
Time: 10:30- 13:00
Coordinator: Prof. Hosam El Sawy
Chairpersons: Prof. El Sayed Gad, Prof. Gamal Shamma

Training Course 1

13:00 - 16:00

Title: Parent Management Training; Bridging the Gap Between Science And Culture
Venue: Psychiatry, Neurology and Neurosurgery Center, Tanta University
Time: 13:00 - 16:00
Coordinator: Ass. Prof. Mohammed Sleem
Chairpersons: Prof. Mai Eissa, Prof. Adel Badawy



16:00 - 17:00

Lunch

Wednesday
20th
March 2019

Registration

09:30 - 10:30

Hall 2

Workshop 2

10:30 - 13:00

Title: Forensic psychiatry: Patient-Doctor relationship; Issue of Disclosure and Malpractice

Venue: Psychiatry, Neurology and Neurosurgery Center, Tanta University

Time: 10:30 - 13:00

Speaker: Prof. Ehab Ramadan

Coordinator: Dr. Reham Amer

Chairpersons: Prof. Hosam El Sawy, Prof. Adel Badawy

Workshop 3

13:00 - 16:00

Title: The Neurobiology of Psychotherapy

Venue: Psychiatry, Neurology and Neurosurgery Center, Tanta University

Time: 13:00 - 16:00

Coordinator: Dr. Ahmed Dobeia

Chairpersons: Prof. Ahmed Mubarak, Ass. Prof. Amr Haiba



16:00 - 17:00

Lunch

Thursday
21st
March 2019

Registration

09:00 - 10:00

Opening Ceremony

10:00 - 10:30

Hambra Hall

Prof. Momtaz Abdel Wahab

President of The Egyptian Psychiatry Association

Prof. Magdy Sabaa

President of Tanta University

Prof. Mostafa El Sheikh

Vice President for Postgraduate Affaires

Prof. Amr Zoair

Vice Dean for Postgraduate Affaires and
Acting Dean of Tanta Faculty of Medicine

Prof. Mai Eissa

President of the Conference

Prof. Hossam El Sawy

General Secretary of the Conference

Thursday
21st
March 2019

Opening Lecture

10:30 - 11:30

Hambra Hall

Chairpersons:

Mai Eissa	(Tanta University)
El Sayed Gad	(Tanta University)
Momtaz Abdel Wahab	(Cairo University)
Ahmed Mubarak	(Tanta University)

10:30 - 11:30

Challenges in the Future of Psychiatry

Prof. Ahmed Okasha (Ain Shams University)



11:30 - 12:00

Coffee Break

Thursday
21st
March 2019

Plenary Session 1
Precession in Psychiatric Practice

12:00 - 13:45

Hambra Hall

Chairpersons:

Magda Fahmy	(Suez Canal University)
Gamal Shamma	(Tanta University)
Mostafa Shaheen	(Cairo University)
Hala El Boraey	(Mansoura University)

12:00 – 12:35	Management of depression: Current practice and looking to the future Afaf Hamed (Ain Shams University)
12:35 – 13:10	Application of personalized medicine in psychiatry. Mai Eissa (Tanta University)
13:10 – 13:45	Personalized versus manualized psychiatry Tarek Okasha (Ain Shams University)

Thursday
21st
March 2019

Plenary Session 2:
Psychiatry as Clinical Neuroscience

13:45 - 14:45

Hambra Hall

Chairpersons:

Ehsan Fahmy	(Banha University)
Wafaa El Behaey	(Mansoura University)
Hany Hamed	(Beni Suef University)
Hosam El Sawy	(Tanta University)

13:45 – 14:05 **Neurobiology of Social Cognition.**
Ahmed Mubarak (Tanta university)

14:05 – 14:25 **Neurobiology of Adolescent Addiction.**
Hala El Boraey (Mansoura University)

14:25 – 14:45 **Neurobiology of Schizophrenia**
Hesham Ramy (Ain Shams University)

Thursday
21st
March 2019

Symposium 1: Drug Addiction

14:45 - 17:00

Hambra Hall

Chairpersons:

Fatima Mousa	(Cairo University)
Ola Shahin	(Cairo University)
Ehab Ramadan	(Tanta university)
Samir Abu El Magd	(Cairo University)
Mohamed Diab	(Armed Forces)

14:45 - 15:10	Mental health and substance use in Egyptian youth. Hosam El Sawy (Tanta University)
15:10 - 15:35	Substance Abuse in Egypt Medhat Bassiony (Zagazig University)
15:35 - 16:00	Pros and cons in Legalization of cannabis Mohamed Adel El Hadidy (Mansoura University)
16:00 - 16:25	The effect of cannabinoid on the hippocampus Maha Wasfy (Cairo University)
16:25 - 16:50	Psychiatric aspect pf designer drugs: synthetic cannabinoid adolents abuse disorder Rania Mamdouh (Cairo University)
16:50 - 17:00	Discussion



18:30 - 19:30

Lunch

Thursday
21st
March 2019

Meet expert Non-compliant-adolescent

12:00-12:45

El-Manial Hall

Moderators:

Mona Mansour (Ain Shams University)

12:00 – 12:20 Dealing with non-compliant teens
Marwa El Messiry (Ain Shams University)

12:20 – 12:40 Adherence to treatment in adolescent.
Reham Amer (Tanta University)

12:40 – 12:45 Discussion

Thursday
21st
March 2019

Symposium Psychiatric Emergency

12:45- 14:15

El-Manial Hall

Chairpersons:

Reda Ismail	(Al-Azhar University)
Tarek Melokhyah	(Alexandria University)
Wafaa Hagag	(Suez Canal University)
Ashraf Saeed Hanafy	(Armed Forces)

12:45 – 13:15	Intimate Partner Violence Mai Eissa (Tanta University)
13:15 – 13:45	Suicide: Symptom or Syndrome Abdel Naser Omar (Ain Shams University)
13:45 – 14:15	Systematic Approaches to Deal with Psychiatric Emergency Situations. Yaser Abu Raya (Zagazig University)

Thursday
21st
March 2019

Keynote 1:

14:15- 14: 45

El-Manial Hall

Chairpersons:

Adel Medany	(Al-Azhar University)
Wael Abu Hindy	(Zagazig University)
Majed Behayeldin	(Military Medical Academy)

النفس و الجسد و الروح

Mohamed Ghanem (Ain Shams University)

Thursday
21st
March 2019

Symposium 2: Mood Disorders

14:45 - 16:30

El-Manial Hall

Chairpersons:

Alaa Darwish	(Assuit University)
Wafaa Hagag	(Suez Canal university)
Mohamed El Mahdy	(Al-Azhar University)
Mohammed Reda El Fiky	(Armed Forces)
Ayman El Haddad	(Menofya University)

14:45 - 15:10	Challenges of management of bipolar disorder Magda Fahmy (Suez Canal University)
15:10 - 15:35	Bipolar Disorder at Glance Alaa Darwish (Assuit University)
15:35 - 16:00	Big data and depression Mohamed Nasr El Din (Cairo University)
16:00 - 16:25	Magnetic seizure therapy in major depressive disorders Fatima El Deeb (Tanta university)
16:25 - 16:30	Discussion

Thursday
21st
March 2019

Symposium Forensic Psychiatry

16:30 - 17:45

El-Manial Hall

Chairpersons:

Mostafa Shaheen	(Cairo University)
Mohamed El Hammady	(Benha University)
Tarek Melokhyah	(Alexandria University)
Hala El Boraey	(Mansoura University)

16:30 - 16:55	Infanticide; psychiatric perspective Ehab Ramadan (Tanta University)
16:55 - 17:20	Psychosis that kills Ahmed El Misery (Ain Shams University)
17:20 - 17:45	Introduction to forensic psychiatry Hosny Awadallah (Armed Forces)

Thursday
21st
March 2019

Keynote 4

17:45 - 18:30

El-Manial Hall

Chairpersons:

Gamal Shamma (Tanta University)

Ehab Ramadan (Tanta University)

17:45 - 18:30 Checking OCD understanding and management
Wael Abu Hindy (Zagazig University)

Thursday
21st
March 2019

Symposium 1: Child Psychiatry

12:00 - 14:30

Mamouniah 2 Hall

Chairpersons:

Safya Effat	(Ain Shams University)
Ola Shahin	(Cairo University)
Eman El Safy	(Zagazig University)

12:00 – 12:30	Depression in childhood & adolescence Ehsan Fahmy (Benha University)
12:30 – 13:00	Trajectories of depression in children and adolescent Azza El Bakry (Cairo University)
13:00 – 13:30	Parenting: How can psychiatrists help. Soaad Mousa (Cairo University)
13:30 – 14:00	Demographic & clinical characteristics of children seeking psychiatric medical advice in Nile delta Mohammed Sleem (Tanta University)
14:00 – 14:30	Group Therapy for Conduct Disorders Ola Shahin (Cairo University)

Thursday
21st
March 2019

Janssen Symposium

14:30 - 15:30

Mamouniah 2 Hall



Chairpersons:

Lamiaa El Hamrawy (Menofya University)
Mai Eissa (Tanta University)

14:30 - 15:30 Optimizing management of schizophrenia
Mohammed Sleem (Tanta University)

Thursday
21st
March 2019

Workshop 4: Autism, Diagnosis and Management

15:30- 17:00

Mamouniah 2 Hall

Chairpersons:

Ali Ismail	(Al-Azhar University)
Ehab El Baz	(Armed Forces)

Moderator:

Mahmoud Hamouda	(Al-Azhar University)
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Thursday
21st
March 2019

Round table Discussion 1:

Current status of Psychiatric education and training in Egypt

17:00 - 18:15

Mamouniah Hall

Moderator:

Wafaa El Behaey (Mansoura University)

Delegates:

- | | |
|-------------------------|--|
| 1. Mai Eissa | (Tanta University) |
| 2. Mostafa Shaheen | (Cairo University) |
| 3. Hala El Boraey | (Mansoura Univeristy) |
| 4. Tarek Melokhyah | (Alexandria University) Psychiatric education & training in different universities in Egypt. |
| 5. Alaa Darwish | (Assiut University) |
| 6. Mohamed Abdel Fattah | (Al-Azhar University) |
| 7. Azza Sayed | (Egyptian Fellowship) |

Points of Discussion:

- Current status of psychiatric education and training in Egyptian universities pros & cons
- MOH sponsored Programs (Egyptian Fellowship) pros and cons
- Egyptian psychiatric association contribution in educational, training and public health awareness programs
- Conclusions and recommendations

Friday
22nd
March 2019

**Plenary Session 3:
Contemporary Issues in Psychiatry**

09:30 - 11:00

Hambra Hall

Chairpersons:

Ahmed Mubarak	(Tanta University)
Alaa Darwish	(Tanta University)
Hanan El-Shenawy	(Cairo University)
Tamer Goweily	(Cairo University)

09:30 - 10:15	E mental health in addiction
	Hosam El Sawy (Tanta University)

10:15 - 11:00	Epigenetics of psychiatric disorders
	Adel Badawy (Tanta University)

Friday
22nd
March 2019

Keynote 2

11:00 - 12:00

Hambra Hall

Moderator:

Hana Suliman (Kent, UK)

11:00 - 12:00 The Mania problem& counter-transferential denial of illness)
Essam El Khawaga (Ohio, USA)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday
22nd
March 2019

Sanofi Symposium

13:15-14:00

Hambra Hall



Chairpersons:

Gamal Shamma (Tanta University)

Amr Haiba (Tanta University)

13:15 – 14:00 Recent trends in treatment of schizophrenia
Hosam El Sawy (Tanta University)

14:00 – 15:00 **Abbott Expert Meeting Symposium**



Friday
22nd
March 2019

**Training Course 2:
STEPPS program for borderline personality disorder**

15:00- 17:00

Hambra Hall

Chairpersons:

Mai Eissa (Tanta University)
Noha Sabry (Cairo University)
Maha Wasfy (Cairo University)

Moderator:

Noha Fawzy (Tanta University)

15:00 – 17:00 Systems Training and Emotional Predictability and Problem Solving
التدريب على برنامج علاجي قصير المدى في اضطراب الشخصية الحدية
Hana Suliman (Kent, UK)

17:00 - 17:30 **Closing Ceremony**



17:30 - 18:30

Lunch

Friday
22nd
March 2019

Psychosis and Related Disorders Symposium

09:45 - 10:30

El-Manial Hall

Chairpersons:

Ehab Ramadan	(Tanta University)
Tarek Okasha	(Ain Shams University)
Majed Behayeldin	(Armed Forces)
Hussien Morsy	(Armed Forces)

09:45 - 10:30	Psychosis and related disorders	
	Mohamed El Hammady	(Benha University)

Friday
22nd
March 2019

Keynote 3

10:30 - 11:00

El-Manial Hall

Chairpersons:

Salwa Tobar	(Mansoura University)
Magda Fahmy	(Suez Canal University)
Ashraf Tantawy	(Suez Canal University)

10:30 - 11:00	Functional brain network and personalized psychiatry
	Wafaa Hagag (Suez Canal University)

Friday
22nd
March 2019

Symposium 5: Liaison Psychiatry

11:00-12:00

El-Manial Hall

Chairpersons:

Ahmed Saad	(Ain Shams University)
Hosam El Sawy	(Tanta University)
Ayman El Haddad	(Menofya University)
Yaser Abu Raya	(Zagazig University)

11:00 – 11:20 Consultation-Liaison Psychiatry; History and current Trends.

Ahmed Mubarak (Tanta University)

11:20 – 11:40 Psychiatric disorders After Stroke.

Ashraf Tantawy (Suez Canal University)

11:40 – 12:00 Psychiatric issues for hepatitis C virus patients

Gamal Shamma (Tanta University)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday
22nd
March 2019

Symposium Sexual Medicine

13:15 - 14:45

El-Manial Hall

Chairpersons:

Medhat Bassiony	(Zagazig University)
Reda Roshdy	(Al-Azhar University)
Abdel Rahman Assal	(Cairo University)
Hosny Awadallah	(Armed Forces)

13:15 - 13:45	Updates about Sexual Addiction Ahmed Saad (Ain Shams University)
13:45 - 14:15	Depression, antidepressants and Sexual Function Adel Badawy (Tanta University)
14:15 - 14:45	Infantile masturbation Salwa Tobar (Mansoura University)

Friday
22nd
March 2019

Meet Experts:
Social Media and psychiatric practice

14:45- 15:45

Mamouniah 2 Hall

Chairpersons:

Adel Badawy (Tanta University)

Mohamed Adel El Hadidy (Mansoura University)

Experts:

14:45 – 15:45 Social Media and Psychiatric Practice

Adel Madany (Al-Azhar University)

Mohamed El Mahdy (Al-Azhar University)

Friday
22nd
March 2019

Symposium 3: Sleep Medicine

09:30 - 10:45

Mamouniah 2 Hall

Chairpersons:

Adel Badawy	(Tanta University)
Salwa Tobar	(Mansoura University)
Ayman El Haddad	(Tanta University)

09:30 – 09:55	Insomnia and Sleep Hygiene Ali Ismail (Al-Azhar University)
09:55 – 10:20	Management of insomnia in Clinical Practice Soheir El Ghoemy (Ain Shams University)
10:20 – 10:45	Chronobiology of Depression Neveen Zaki (Mansoura University)

Friday
22nd
March 2019

Symposium 9: Geriatric Psychiatry

10:45 - 12:00

Mamouniah 2 Hall

Chairpersons

Ehab Ramadan	(Tanta University)
Wafaa Hagag	(Suez Canal University)
Mohamed Zohdy	(Mamourah Hospital)

10:45 - 11:10	Recent Updates of The Treatment of Alzheimer Disease Reda Ismail (Al-Azhar University)
11:10 - 11:35	Management of behavioral and psychological symptoms of dementia Ayman El Haddad (Menofya University)
11:35 - 12:00	Late Life Anxiety and Neurocognitive Impairment Wesam Ghareeb (Tanta university)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday
22nd
March 2019

Rameda Symposium

13:15 - 14:15

Mamouniah 2 Hall

Chairpersons

Ahmed Mubarak (Tanta University)
Hosam El Sawy (Tanta University)

13:15-14:15 Unmet needs in the management of Depression
Mai Eissa (Tanta University)

Friday
22nd
March 2019

Round Table Discussion 2: Patient Rights and Egyptian Mental Health Act

14:15 - 16:15

Mamouniah 2 Hall

Moderator:

Mohamed Ghanem (Ain Shams University)

Delegates:

El Sayed Gad	(Tanta University)
Menan Rabea	(Secretary general of Mental Health, MOH)
Manal El Attar	(National Council of Mental Health, MOH)
Mohamed Zohdy	(Maamura Psychiatry Hospital, MOH)
Mostafa Shehata	(Abbaseyah Psychiatry Hospital, MOH)

Points of Discussion

- 1- Pros and cons of Egyptian mental health act
- 2- Areas of concern raised by psychiatric hospitals regarding patient rights issue
- 3- Role of general secratery of mental health
- 4- Role of National council of mental health

Conclusions and recommendations

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IN
TEAMWORK,
WE BELIEVE



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