



The Egyptian Psychiatric  
Association



1<sup>st</sup>

# Annual Psychiatry Congress of Tanta Neuropsychiatry Department

In Collaboration with

## The Egyptian Psychiatric Association

**"The Present and Future of  
Precision Medicine in Psychiatry"**

Under Patronage of

**Prof. Magdy Sabaa**

President of Tanta University

**Prof. Mostafa ElSheikh**

Vice President for Postgraduate Affairs

**Prof. Amr Zoair**

Vice Dean for Postgraduate Affairs and  
Acting Dean of Tanta Faculty of Medicine

20<sup>th</sup> March 2019, Psychiatry, Neurology and Neurosurgery Center - Tanta  
21<sup>st</sup> - 22<sup>nd</sup> March 2019, InterContinental City Stars Hotel, Cairo

# Welcome Message



We are honored to welcome you to the 1<sup>st</sup> International Annual Psychiatry Congress, of Tanta Neuropsychiatry Department. I would like to extend a heart felt invitation to fellow psychiatrist to take part in Annual Psychiatry Congress of Tanta Neuropsychiatry Department which will be held at Intercontinental Cairo City Stars Hotel, from 21<sup>st</sup> - 22<sup>th</sup> March 2019, which will be an international one in corporation with different eminent psychiatrists from all over the world. The theme of the congress will be about The Present and Future of Precision Medicine in Psychiatry. Precision medicine is a concept which is recently gaining momentum in all branches of medicine.

In particular in psychiatry it is greatly needed given the huge societal costs of psychiatric disorders and, mainly, given the long time needed to observe benefit from treatments and the response variability. It will be an excellent gathering for the attendees to exchange scientific information and knowledge on the latest advances in psychiatry.

The congress organizing committee eagerly waits for a well organized scientific program and elaborate social events. I believe that you will have a very rewarding experience and return with fond memories that will last a lifetime.

**Prof. Mai Eissa**

*Mai Eissa*

President of the Conference

## President of the conference

Prof. Mai Eissa

## General Secretary

Prof. Hossam El Sawy

## Honorary Presidents

Prof. Ahmed Okasha  
Prof. Momtaz Abdel Wahab  
Prof. Afaf Hamed  
Prof. El Sayed Gad  
Prof. Ahmed Mubarak  
Prof. Gamal Shamma

Prof. Momtaz Abdel Wahab  
Prof. Ahmed Okasha  
Prof. Afaf Hamed  
Prof. El Sayed Gad  
Prof. Ahmed Mubarak  
Prof. Gamal Shamma

## Conference Board

**President:** Prof. Mai Abdel-Raouf Eissa  
**Secretary:** Prof. Hossam El Sawy  
**Coordinators:** Prof. Ehab Ramadan  
Prof. Adel Badawy

## Scientific Committee

Prof. Ahmed Mubarak  
Ass. Prof. Amr Haiba  
Ass. Prof. Mohammed Sleem  
Dr. Wesam Ghareeb  
Dr. Reham Amer  
Dr. Fatima El-Deeb

## Organizing Committee

Prof. Adel Badawy  
Dr. Amr Sarnagawy  
Dr. Noha Fawzy  
Dr. Mai Salem  
Dr. Ahmed Osama  
Dr. Mostafa Kandil  
Dr. Dalia Mostafa  
Dr. Osama Yonis  
Dr. Sara Sleem

## Conference Topics

- Addiction medicine.
- Advances in mood disorders.
- Advances in neuroimaging in psychiatry.
- Advances in psychopharmacology.
- Advances in psychotherapy.
- Anti-stigma programs.
- Brain stimulation in treatment of psychiatric disorders.
- Consultation liaison psychiatry
- Forensic psychiatry.
- Genetics and epigenetics in psychiatry.
- Mental health issues in children and adolescent.
- Mental health issues in elderly.
- Mental health issues in women.
- Personalized psychiatry.
- Schizophrenia spectrum disorders.
- Tele psychiatry.
- Dementia
- Parkinsonism
- Epilepsy

Wednesday  
**20<sup>th</sup>**  
March 2019

## Registration

09:30 - 10:30

Hall 1

## Workshop 1

10:30 - 13:00

**Title:** Addiction medicine, Dealing with unmotivated drug addict  
**Venue:** Psychiatry, Neurology and Neurosurgery center, Tanta university  
**Time:** 10:30- 13:00  
**Coordinator:** Prof. Hosam El Sawy  
**Chairpersons:** Prof. El Sayed Gad, Prof. Gamal Shamma

## Training Course 1

13:00 - 16:00

**Title:** Parent Management Training; Bridging the Gap Between Science And Culture  
**Venue:** Psychiatry, Neurology and Neurosurgery Center, Tanta University  
**Time:** 13:00 - 16:00  
**Coordinator:** Ass. Prof. Mohammed Sleem  
**Chairpersons:** Prof. Mai Eissa, Prof. Adel Badawy



16:00 - 17:00

Lunch

Wednesday  
**20<sup>th</sup>**  
March 2019

Registration

09:30 - 10:30

Hall 2

Workshop 2

10:30 - 13:00

Title: **Forensic psychiatry: Patient-Doctor relationship; Issue of Disclosure and Malpractice**

Venue: **Psychiatry, Neurology and Neurosurgery Center, Tanta University**

Time: **10:30 - 13:00**

Speaker: **Prof. Ehab Ramadan**

Coordinator: **Dr. Reham Amer**

Chairpersons: **Prof. Hosam El Sawy, Prof. Adel Badawy**

Workshop 3

13:00 - 16:00

Title: **The Neurobiology of Psychotherapy**

Venue: **Psychiatry, Neurology and Neurosurgery Center, Tanta University**

Time: **13:00 - 16:00**

Coordinator: **Dr. Ahmed Dobeia**

Chairpersons: **Prof. Ahmed Mubarak, Ass. Prof. Amr Haiba**



16:00 - 17:00

Lunch

Thursday  
**21<sup>st</sup>**  
March 2019

Registration

09:00 - 10:00

Opening Ceremony

10:00 - 10:30

Hambra Hall

**Prof. Momtaz Abdel Wahab**

President of The Egyptian Psychiatry Association

**Prof. Magdy Sabaa**

President of Tanta University

**Prof. Mostafa El Sheikh**

Vice President for Postgraduate Affaires

**Prof. Amr Zoair**

Vice Dean for Postgraduate Affaires and  
Acting Dean of Tanta Faculty of Medicine

**Prof. Mai Eissa**

President of the Conference

**Prof. Hossam El Sawy**

General Secretary of the Conference

Thursday  
**21<sup>st</sup>**  
March 2019

**Opening Lecture**

**10:30 - 11:30**

**Hambra Hall**

**Chairpersons:**

Mai Eissa	(Tanta University)
El Sayed Gad	(Tanta University)
Momtaz Abdel Wahab	(Cairo University)
Ahmed Mubarak	(Tanta University)

10:30 -11:30      **Challenges in the Future of Psychiatry**  
**Prof. Ahmed Okasha**      (Ain Shams University)



11:30 - 12:00

Coffee Break

Thursday  
**21<sup>st</sup>**  
March 2019

**Plenary Session 1**  
**Precession in Psychiatric Practice**

12:00 - 13:45

Hambra Hall

**Chairpersons:**

Magda Fahmy	(Suez Canal University)
Gamal Shamma	(Tanta University)
Mostafa Shaheen	(Cairo University)
Hala El Boraey	(Mansoura University)

12:00 – 12:35      **Management of depression: Current practice and looking to the future**

**Afaf Hamed**      (Ain Shams University)

12:35 – 13:10      **Application of personalized medicine in psychiatry.**

**Mai Eissa**      (Tanta University)

13:10 – 13:45      **Personalized versus manualized psychiatry**

**Tarek Okasha**      (Ain Shams University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Plenary Session 2:  
Psychiatry as Clinical Neuroscience**

13:45 - 14:45

Hambra Hall

**Chairpersons:**

Ehsan Fahmy	(Banha University)
Wafaa El Behaey	(Mansoura University)
Hany Hamed	(Beni Suef University)
Hosam El Sawy	(Tanta University)

13:45 - 14:05      **Neurobiology of Social Cognition.**  
**Ahmed Mubarak**                      (Tanta university)

14:05 - 14:25      **Neurobiology of Adolescent Addiction.**  
**Hala El Boraey**                      (Mansoura University)

14:25 - 14:45      **Neurobiology of Schizophrenia**  
**Hesham Ramy**                      (Ain Shams University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Symposium 1:  
Drug Addiction**

14:45 - 17:00

Hambra Hall

**Chairpersons:**

Fatima Mousa	(Cairo University)
Ola Shahin	(Cairo University)
Ehab Ramadan	(Tanta university)
Samir Abu El Magd	(Cairo University)
Mohamed Diab	(Armed Forces)

14:45 – 15:10      Mental health and substance use in Egyptian youth.  
**Hosam El Sawy**                      (Tanta University)

15:10 – 15:35      Substance Abuse in Egypt  
**Medhat Bassiony**                      (Zagazig University)

15:35 – 16:00      Pros and cons in Legalization of cannabis  
**Mohamed Adel El Hadidy**      (Mansoura University)

16:00 – 16:25      The effect of cannabinoid on the hippocampus  
**Maha Wasfy**                              (Cairo University)

16:25 – 16:50      Psychiatric aspect pf designer drugs: synthetic cannabinoid adolents abuse disorder  
**Rania Mamdouh**                      (Cairo University)

16:50 – 17:00      Discussion



18:30 - 19:30

Lunch

Thursday  
**21<sup>st</sup>**  
March 2019

Meet expert Non-compliant-adolescent

12:00-12:45

El-Manial Hall

**Moderators:**

Mona Mansour (Ain Shams University)

12:00 – 12:20 Dealing with non-compliant teens  
**Marwa El Messiry** (Ain Shams University)

12:20 – 12:40 Adherence to treatment in adolescent.  
**Reham Amer** (Tanta University)

12:40 – 12:45 Discussion

Thursday  
**21<sup>st</sup>**  
March 2019

## Symposium Psychiatric Emergency

12:45- 14:15

El-Manial Hall

### Chairpersons:

Reda Ismail	(Al-Azhar University)
Tarek Melokhyah	(Alexandria University)
Wafaa Hagag	(Suez Canal University)
Ashraf Saeed Hanafy	(Armed Forces)

12:45 – 13:15	Intimate Partner Violence <b>Mai Eissa</b> (Tanta University)
13:15 – 13:45	Suicide: Symptom or Syndrome <b>Abdel Naser Omar</b> (Ain Shams University)
13:45 – 14:15	Systematic Approaches to Deal with Psychiatric Emergency Situations. <b>Yaser Abu Raya</b> (Zagazig University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Keynote 1:**

14:15- 14: 45

El-Manial Hall

**Chairpersons:**

Adel Medany	(Al-Azhar University)
Wael Abu Hindy	(Zagazig University)
Majed Behayeldin	(Military Medical Academy)

النفس و الجسد و الروح

**Mohamed Ghanem** (Ain Shams University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Symposium 2:  
Mood Disorders**

14:45 - 16:30

El-Manial Hall

**Chairpersons:**

Alaa Darwish	(Assuit University)
Wafaa Hagag	(Suez Canal university)
Mohamed El Mahdy	(Al-Azhar University)
Mohammed Reda El Fiky	(Armed Forces)
Ayman El Haddad	(Menofya University)

14:45 - 15:10	Challenges of management of bipolar disorder <b>Magda Fahmy</b> (Suez Canal University)
15:10 - 15:35	Bipolar Disorder at Glance <b>Alaa Darwish</b> (Assuit University)
15:35 - 16:00	Big data and depression <b>Mohamed Nasr El Din</b> (Cairo University)
16:00 - 16:25	Magnetic seizure therapy in major depressive disorders <b>Fatima El Deeb</b> (Tanta university)
16:25 - 16:30	Discussion

Thursday  
**21<sup>st</sup>**  
March 2019

## Symposium Forensic Psychiatry

16:30 - 17:45

El-Manial Hall

### Chairpersons:

Mostafa Shaheen	(Cairo University)
Mohamed El Hammady	(Benha University)
Tarek Melokhyah	(Alexandria University)
Hala El Boraey	(Mansoura University)

16:30 - 16:55	Infanticide; psychiatric perspective <b>Ehab Ramadan</b> (Tanta University)
16:55 - 17:20	Psychosis that kills <b>Ahmed El Misery</b> (Ain Shams University)
17:20 - 17:45	Introduction to forensic psychiatry <b>Hosny Awadallah</b> (Armed Forces)

Thursday  
**21<sup>st</sup>**  
March 2019

**Keynote 4**

**17:45 - 18:30**

**El-Manial Hall**

**Chairpersons:**

Gamal Shamma (Tanta University)

Ehab Ramadan (Tanta University)

17:45 - 18:30      Checking OCD understanding and management  
**Wael Abu Hindy** (Zagazig University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Symposium 1:  
Child Psychiatry**

12:00 - 14:30

Mamouniah 2 Hall

**Chairpersons:**

Safya Effat (Ain Shams University)  
Ola Shahin (Cairo University)  
Eman El Safy (Zagazig University)

- 12:00 – 12:30 Depression in childhood & adolescence  
**Ehsan Fahmy** (Benha University)
- 12:30 – 13:00 Trajectories of depression in children and adolescent  
**Azza El Bakry** (Cairo University)
- 13:00 – 13:30 Parenting: How can psychiatrists help.  
**Soaad Mousa** (Cairo University)
- 13:30 – 14:00 Demographic & clinical characteristics of children seeking psychiatric  
medical advice in Nile delta  
**Mohammed Sleem** (Tanta University)
- 14:00 – 14:30 Group Therapy for Conduct Disorders  
**Ola Shahin** (Cairo University)

Thursday  
**21<sup>st</sup>**  
March 2019

## Janssen Symposium

14:30 - 15:30

Mamouniah 2 Hall



### Chairpersons:

Lamiaa El Hamrawy (Menofya University)  
Mai Eissa (Tanta University)

14:30 - 15:30 Optimizing management of schizophrenia  
**Mohammed Sleem** (Tanta University)

Thursday  
**21<sup>st</sup>**  
March 2019

## Workshop 4: Autism, Diagnosis and Management

15:30- 17:00

Mamouniah 2 Hall

### Chairpersons:

Ali Ismail (Al-Azhar University)  
Ehab El Baz (Armed Forces)

### Moderator:

Mahmoud Hamouda (Al-Azhar University)

Thursday  
**21<sup>st</sup>**  
March 2019

**Round table Discussion 1:**  
**Current status of Psychiatric education and training in Egypt**

17:00 - 18:15

**Mamouniah Hall**

**Moderator:**

Wafaa El Behaey (Mansoura University)

**Delegates:**

1. Mai Eissa (Tanta University)
2. Mostafa Shaheen (Cairo University)
3. Hala El Boraey (Mansoura Univeristy)
4. Tarek Melokhyah (Alexandria University) Psychiatric education & training in different universities in Egypt.
5. Alaa Darwish (Assiut University)
6. Mohamed Abdel Fattah (Al-Azhar University)
7. Azza Sayed (Egyptian Fellowship)

**Points of Discussion:**

- Current status of psychiatric education and training in Egyptian universities pros & cons
- MOH sponsored Programs (Egyptian Fellowship) pros and cons
- Egyptian psychiatric association contribution in educational, training and public health awareness programs
- Conclusions and recommendations

Friday  
**22<sup>nd</sup>**  
March 2019

**Plenary Session 3:  
Contemporary Issues in Psychiatry**

**09:30 - 11:00**

**Hambra Hall**

**Chairpersons:**

Ahmed Mubarak (Tanta University)  
Alaa Darwish (Tanta University)  
Hanan El-Shenawy (Cairo University)  
Tamer Goweily (Cairo University)

09:30 - 10:15 E mental health in addiction  
**Hosam El Sawy** (Tanta University)

10:15 - 11:00 Epigenetics of psychiatric disorders  
**Adel Badawy** (Tanta University)

Friday  
**22<sup>nd</sup>**  
March 2019

## Keynote 2

11:00 - 12:00

Hambra Hall

### Moderator:

Hana Suliman (Kent, UK)

11:00 - 12:00 The Mania problem& counter-transferential denial of illness)  
**Essam El Khawaga** (Ohio, USA)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday  
**22<sup>nd</sup>**  
March 2019

## Sanofi Symposium

13:15-14:00

Hambra Hall



### Chairpersons:

Gamal Shamma (Tanta University)  
Amr Haiba (Tanta University)

13:15 - 14:00 Recent trends in treatment of schizophrenia  
**Hosam El Sawy** (Tanta University)

14:00 – 15:00 **Abbott Expert Meeting Symposium**



Friday  
**22<sup>nd</sup>**  
March 2019

**Training Course 2:  
STEPPS program for borderline personality disorder**

15:00- 17:00

Hambra Hall

### Chairpersons:

Mai Eissa (Tanta University)  
Noha Sabry (Cairo University)  
Maha Wasfy (Cairo University)

### Moderator:

Noha Fawzy (Tanta University)

15:00 - 17:00 Systems Training and Emotional Predictability and Problem Solving  
التدريب على برنامج علاجي قصير المدى في اضطراب الشخصية الحدية  
**Hana Suliman** (Kent, UK)

17:00 - 17:30 Closing Ceremony



17:30 - 18:30

Lunch

Friday  
**22<sup>nd</sup>**  
March 2019

## Psychosis and Related Disorders Symposium

09:45 - 10:30

El-Manial Hall

### Chairpersons:

Ehab Ramadan	(Tanta University)
Tarek Okasha	(Ain Shams University)
Majed Behayeldin	(Armed Forces)
Hussien Morsy	(Armed Forces)

09:45 - 10:30	Psychosis and related disorders	
	<b>Mohamed El Hammady</b>	(Benha University)

Friday  
**22<sup>nd</sup>**  
March 2019

### Keynote 3

10:30 - 11:00

El-Manial Hall

#### Chairpersons:

Salwa Tobar	(Mansoura University)
Magda Fahmy	(Suez Canal University)
Ashraf Tantawy	(Suez Canal University)

10:30 - 11:00      Functional brain network and personalized psychiatry  
**Wafaa Hagag**                      (Suez Canal University)

Friday  
**22<sup>nd</sup>**  
March 2019

**Symposium 5:  
Liaison Psychiatry**

11:00-12:00

El-Manial Hall

**Chairpersons:**

Ahmed Saad	(Ain Shams University)
Hosam El Sawy	(Tanta University)
Ayman El Haddad	(Menofya University)
Yaser Abu Raya	(Zagazig University)

11:00 – 11:20 Consultation-Liaison Psychiatry; History and current Trends.

**Ahmed Mubarak** (Tanta University)

11:20 – 11:40 Psychiatric disorders After Stroke.

**Ashraf Tantawy** (Suez Canal University)

11:40 – 12:00 Psychiatric issues for hepatitis C virus patients

**Gamal Shamma** (Tanta University)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday  
**22<sup>nd</sup>**  
March 2019

## Symposium Sexual Medicine

13:15 - 14:45

El-Manial Hall

### Chairpersons:

Medhat Bassiony	(Zagazig University)
Reda Roshdy	(Al-Azhar University)
Abdel Rahman Assal	(Cairo University)
Hosny Awadallah	(Armed Forces)

13:15 - 13:45	Updates about Sexual Addiction <b>Ahmed Saad</b> (Ain Shams University)
13:45 - 14:15	Depression, antidepressants and Sexual Function <b>Adel Badawy</b> (Tanta University)
14:15 - 14:45	Infantile masturbation <b>Salwa Tobar</b> (Mansoura University)

Friday  
**22<sup>nd</sup>**  
March 2019

**Meet Experts:  
Social Media and psychiatric practice**

**14:45- 15:45**

**Mamouniah 2 Hall**

### **Chairpersons:**

Adel Badawy (Tanta University)

Mohamed Adel El Hadidy (Mansoura University)

### **Experts:**

14:45 – 15:45 Social Media and Psychiatric Practice

**Adel Madany** (Al-Azhar University)

**Mohamed El Mahdy** (Al-Azhar University)

Friday  
**22<sup>nd</sup>**  
March 2019

### Symposium 3: Sleep Medicine

09:30 - 10:45

Mamouniah 2 Hall

#### Chairpersons:

Adel Badawy (Tanta University)  
Salwa Tobar (Mansoura University)  
Ayman El Haddad (Tanta University)

09:30 - 09:55      Insomnia and Sleep Hygiene  
**Ali Ismail** (Al-Azhar University)

09:55 - 10:20      Management of insomnia in Clinical Practice  
**Soheir El Ghoemy** (Ain Shams University)

10:20 - 10:45      Chronobiology of Depression  
**Neveen Zaki** (Mansoura University)

Friday  
**22<sup>nd</sup>**  
March 2019

**Symposium 9:  
Geriatric Psychiatry**

10:45 - 12:00

Mamouniah 2 Hall

**Chairpersons**

Ehab Ramadan (Tanta University)  
Wafaa Hagag (Suez Canal University)  
Mohamed Zohdy (Mamourah Hospital)

10:45 - 11:10 Recent Updates of The Treatment of Alzheimer Disease  
**Reda Ismail** (Al-Azhar University)

11:10 - 11:35 Management of behavioral and psychological symptoms of dementia  
**Ayman El Haddad** (Menofya University)

11:35 - 12:00 Late Life Anxiety and Neurocognitive Impairment  
**Wesam Ghareeb** (Tanta university)



12:00 - 13:15 Gomaa Prayer & Coffee Break

Friday  
**22<sup>nd</sup>**  
March 2019

## Rameda Symposium

13:15 - 14:15

Mamouniah 2 Hall

### Chairpersons

Ahmed Mubarak (Tanta University)

Hosam El Sawy (Tanta University)

13:15-14:15 Unmet needs in the management of Depression  
**Mai Eissa** (Tanta University)

Friday  
**22<sup>nd</sup>**  
March 2019

**Round Table Discussion 2:  
Patient Rights and Egyptian Mental Health Act**

**14:15 - 16:15**

**Mamouniah 2 Hall**

**Moderator:**

Mohamed Ghanem (Ain Shams University)

**Delegates:**

El Sayed Gad (Tanta University)  
Menan Rabea (Secretary general of Mental Health, MOH)  
Manal El Attar (National Council of Mental Health, MOH)  
Mohamed Zohdy (Maamura Psychiatry Hospital, MOH)  
Mostafa Shehata (Abbaseyah Psychiatry Hospital, MOH)

**Points of Discussion**

- 1- Pros and cons of Egyptian mental health act
- 2- Areas of concern raised by psychiatric hospitals regarding patient rights issue
- 3- Role of general secretary of mental health
- 4- Role of National council of mental health

**Conclusions and recommendations**



IN  
TEAMWORK,  
WE BELIEVE



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