



International
Headache Society



3rd MENA Headache Conference

2nd African Headache Conference

1st Egyptian Headache Conference

Under the Auspices of

The International Headache Society (IHS)

in collaboration with

The Headache Chapter of the Egyptian Society
of Neurology, Psychiatry and Neurosurgery.

Pan Arab Union of Neurological Societies.

The European Headache Federation.

World Federation of Neurology.

The European Academy of Neurology.

Ain Shams University Virtual Hospital.

www.menaheadache.org

Conference 18th-20th October 2018

Conrad Cairo Hotel, Egypt

Program

Welcome Message

Dear Colleagues

It is a great pleasure and an honor to extend to you a warm invitation to attend the 3rd Middle East North Africa (MENA) Headache Conference, to be held October 18 – 21, 2018 in Cairo Egypt.

The 2018 conference is organized by MENA Headache under the auspices of the international Headache Society and in collaboration with the European Headache Federation and the headache chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery.

It is also endorsed by the European Academy of Neurology and the World Federation of Neurology.

The conference will present the state-of-the-art in headache research and management, reflecting the huge advances in this field in the past decade.

More than 50 international experts will be speaking at the conference, covering the wide range of topics on migraine and other headache types.

Hands-on workshops and lectures by the world's most eminent headache scientists will surely make it an outstanding scientific experience.

Cairo is an exceptional location for the conference. It is renowned as one of the world's most outstanding cities, with a rich history and a vibrant atmosphere. The social program highlights Egypt's unique culture and arts will surely be a memorable experience in one of the world's most popular tourist destinations.

We hope you will join us for a symphony of outstanding science, and take a little extra time to enjoy the spectacular and unique beauty of Egypt.

With best wishes,

M. Osama Abdulghani



Chairman of the Headache Chapter & Conference

Prof. M. Osama Abdulghani

Honorary Chairman

Prof. Khaled El Borolossy

The MENA Headache Conference Co-chairs

Abu baker AlMadani

(UAE)

Hayrunnissa Bolay

(Turkey)

Najib Kissani

(Morocco)

Ramez Reda Moustafa

(Egypt)

Stefan Evers

(Germany)

Youssoufa Maiga

(Mali)

Key Speakers

Hayrunnisa Bolay	(Turkey)
Ishaq Abu-Arafeh	(UK)
Koen Paemeleire	(Belgium)
Lars Edvinsson	(Sweden)
Massimo Leone	(Italy)
Mattias Linde	(Norway)
Paolo Martelletti	(Italy)
Peter Goadsby	(UK)
Rob Cowan	(USA)
Stephen Silberstein	(USA)
Timothy Steiner	(UK)

Scientific committee

Ayman Al Boudi	(UAE)
Callixte Kuete	(Cameroun)
Deeb Maxwell Kayed	(UAE)
Derya Uluduz	(Turkey)
Emanuel Sanya	(Nigeria)
Emmanuel Obehighe	(Nigeria)
Endgena Abebe	(Ethiopia)
Fawzi Mahomoodally	(Mauritius)
Hassan Hosny	(Egypt)
Lala Seck	(Senegal)
Maouly Fall	(Senegal)
Michael Ndungu	(Kenya)
Mohamed El Tamawy	(Egypt)
Nevine El Nahas	(Egypt)
Tadesse Seda	(Ethiopia)
Ziad El Chami	(Saudi Arabia)

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Sherin Farag	(Egypt)
Tamer Hussein Emar	(Egypt)

Medical Sponsor Companies



18th
October
2018

Session I

09:00 - 10:30 am

MENA Region Experience (Clinics & Epidemiological Studies)

Chairpersons Alphabetical Order

Ahmed Abd El-Aziz Abo Hagar

Ali Soliman

Taha Kamel Alloush

Wafik El-Sheikh

The epidemiology and healthcare burden of headache "Focus on regional data"

Maria Khan Junaidi, UAE

1st epidemiological door to door study about headaches in Morocco

Najib Kissani, Morocco

Ain Shams university experience in headache clinic

Randa Amin, Egypt

Nigerian experience in headache practice

Yahaya Obiabo, Nigeria

Chronic Migraine, MENA Region Experience in the past 10 years

Ziad AlChami, KSA

UAE experience in having a multidisciplinary headache clinic

Abu Baker AlMadani, UAE

18th
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2018

Session 2

10:30 - 11:30 am

Public Health Aspects of Headache

Chairpersons Alphabetical Order

Abdel Halim Tantawy

Anwar Etribi

Hamdy N. El-Tallawy

Mohamed S. El-Tamawy

The GBD studies 1990- 2018: headache, disability and public ill health in the world and in MENA

Timothy Steiner, UK

The HUNT studies from Norway: lessons for headache and public health in MENA

Mattias Linde, Norway

The DREAM programme: can it guide headache service delivery in sub-Saharan Africa?

Massimo Leone, Italy

11:30 am – 12:00 pm

Coffee break & Press Conference

18th
October
2018

12:00 - 12:30 pm

Opening Ceremony

Khaled Elborollosi, Egypt
Osama Abdulghani, Egypt
Hayrunnissa Bolay, Mena Headache
Mohamed Shehab, PAUNS
Riad Gouider, WFN
Paolo Martelletti, President EHF, Italy
Lars Edvinsson, President IHS, Sweden

18th
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2018

12:30 - 01:30 pm

Keynote Lectures

Chairpersons Alphabetical Order

Farouk Talaat

Maged Abdel Naseer

Mahmoud Haroun

Saher Hashem

Impact of Headache: Is it worth it?

Osama Abdulghani, Egypt

Demystifying the science of monoclonal antibodies in migraine

Lars Edvinsson, President IHS, Sweden

Job Burden of Headache Disorders

Paolo Martelletti, President EHF, Italy

18th
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01:30 - 02:30 pm

Novartis Symposium



Symposium Panel

Abu Baker Al Madani

Stephen Silberstein

Hayrunnissa Bolay

Ramez Reda

Celebrity Guest of Honor

Reimagine Migraine Management “CGRP Receptor Antagonism”

Peter Goadsby, UK

18th
October
2018

02:30 - 03:00 pm

Lundbeck Symposium



Chairpersons Alphabetical Order

Nabil El Agouz
Obsis Madkour
Samiha Abd El-Moneim
Yosria Altaweel

Tension headache and depression

Nahla El Sayed

03:00 - 04:00 pm

Lunch

18th
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Workshops

04:00 - 06:00 pm

Peripheral Interventions in Refractory Headache

Chairpersons

Alphabetical Order

Ahmed Osama

Magdy Aidaros

Mohamed Hamdy

Wafaa Farghaly

Head and neck nerves blockade

Sphenopalatine ganglion and trigger points' blockade

Derya Uluduz, Turkey

Ultrasound - Guided Cervical Root Injection

Ahmed Elsadek, Egypt

Radiofrequency Interventions In Headache

Ahmed Abd Al Barr, Egypt

18th
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2018

workshop

04:00 - 06:00 pm

Chronic Migraine & Botox

Moderator

Osama Abdulghani

Chronic migraine and Botulinum Toxin Workshop

Pinar Yalinay, Turkey

Nevine Mohieldin Shalaby, Egypt

Nevine El-Nahas, Egypt

19th
October
2018

01:00 - 02:30 pm

Research Papers Flash Talks

Chairpersons Alphabetical Order

Amira Zaki
Koen Paemeleire
Samia Ashour
Timothy Steiner

Quantitative D Dimer Level & Anticoagulant Therapy In Idiopathic Intracranial Hypertension

Sherine El Mously, Egypt

Sleep & Psychiatric Abnormalities In School Aged Children With Migraine

Sherine Ahmed, Egypt

Efficacy Of Repetitive Tms In Treatment Of 1ry Chronic Daily Headache

Aya Farouk, Egypt

Traditional understanding of migraine

Yared Zenebe, Ethiopia

Neurotransmitters in Migraine: The endocannabinoid system (ECS) in Migraine

Micheal Ndungu, Kenya

Utility Of Orbital Ultrasound In Headache Of Intracranial Hypertension: Cunu Experience

Nermine Kishk, Egypt

Volumetric Brain changes in migraine

Ghada Saeed Abdelazim, Egypt

Migraine Related Disability & Comorbid Depression Among Migraineurs In Ethiopia: A Cross Sectional Study

Yared Yifru, Ethiopia

Spontaneous Intracranial Hypotension Swings Between Over- And Under-Estimation

Wafik Bahnasy, Egypt

Prevalence of Migraine in Upper Egypt

Mohamed Abd Elhamid, Egypt

19th
October
2018

Session I

02:30 - 04:00 pm

Pathophysiology & Diagnosis

Alphabetical Order

Chairpersons

Abdallah Maamoun Sarhan

Ashraf Abdou

Mahmoud Hemida

Sherif Hamdy

Update in migraine pathophysiology

Peter Goadsby, UK

Sensorial processing disruption in migraine

Hayrunnissa Bolay, Turkey

Migraine & Epilepsy

Hassan Hosny, Egypt

Clinical diagnosis of headache: A sub-Saharan African Approach

Callixte Kaute, Cameroon

Impact of Migraine

Lala Seck, Senegal

04:00 pm - 04:30 pm

Lunch

19th
October
2018

Session 2

04:30 - 06:30 pm

Migraine Chronification and Treatment

Chairpersons Alphabetical Order

Azza Abbas Helmy
Hussein Mohamed
Mohamed Saad
Wael Fadel

Chronic migraine: recognizing and treating spontaneous intracranial hypotension

Robert Cowan, USA

Update in migraine treatment

Stephen Silberstein, USA

Tailoring treatment in Migraine

Ramez Reda Moustafa, Egypt

Neuromodulation Impact on Chronic Migraine

Hatem Samir, Egypt

Epidemiology of migraine in sub Saharan Africa

Youssofa Maiga, Mali

08:00 pm

Presidential Dinner

20th
October
2018

Session I

09:00 - 10:30 am

TACs and Other Headaches

Chairpersons

Alphabetical Order

Hala Shahin

Hassan Hosny

Mahmoud Abd El-Sayed

Tarek Rageh

Trigeminal Autonomic Cephalagia: Types and Classification

Ayman Nasef, Egypt

Treatment guidelines for Cluster headache and other TACs

Koen Paemeleire, Belgium

Neuromodulation impact on chronic migraine management

Tedessa Sedda, Ethiopia

Does headache affect memory: myth or fact?

Yasir Malik, UAE

Cairo University Headache Clinic Experience

Hatem Samir

Rare Primary Headaches

Sherine Farag, Egypt

10:30 – 11:00 am

Coffee break

20th
October
2018

Session 2

11:00 - 12:30 pm

Headache in Pediatric population and special conditions

Alphabetical Order

Chairpersons

Abou Zeid Khodair

Ahmed Azab

Mona Raafat

Shoura Youssef

Chronic migraine in children

Ishaq Abu-Arefah, UK

Clinical approach to Childhood headache

Nahed Salah, Egypt

Headache and Epilepsy

Mahmoud Hemida, Egypt

Migraine/Trigeminal Neuralgia relationship

Khaled Al Toukhy, Egypt

Headache during pregnancy

Waheeb Haroun, Sudan

20th
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2018

Session 3

12:30 - 02:00 pm

Telemedicine & Transcultural Headache Practice

Chairpersons Alphabetical Order

El Sayed Tag El Din
Gharib Fawi
Najib Kissani

How can we use telemedicine in headache management?

Najib Kissani, Morocco

The role of complementary and alternative medicine and Traditional medicines in headache management: Potential therapeutic benefits or placebo effect?

Fawzi Mahomoodally, Mauritius

Traditional practices for headache management in Ethiopia

Endegen Abebe, Ethiopia

Ain Shams Virtual Hospital Experience: The Treat and Teach Initiative

Tamer Emara, Egypt

Uses of Technology in Headache

Shahinaz Helmy, Egypt

20th
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2018

Session 4

02:00 - 02:30 pm

Merck Symposium



Chairpersons Alphabetical Order

Hazem Maarouf

Laila El-Mousli

Mervat Moustafa

MS & Migraine – Related or Coincidence?

Dina Zamzam, Egypt

20th
October
2018

Session 5

02:30 - 04:00 pm

Secondary Headaches

Alphabetical Order

Chairpersons

Abd El-Naser Mourad

Abdel-Raouf Omar

Azza Abd El-Nasser

Mohamed Elwan

Diagnosis of Secondary Headache- Emphasis on the Middle East

Modar Khalil, UK

Medication overuse headache: A new name for an old problem

Robert Cowan, USA

Secondary headache

Maouly Fall, Senegal

Recent management of idiopathic intracranial hypertension

Salah Hamada, Egypt

Cervicogenic& sinus headache

Deeb Maxwell Kayed, UAE

04:00 - 05:00 pm

Lunch

20th
October
2018

workshop

05:00 - 06:30 pm

Advanced Clinical workshop

Moderator

Randa Amin

How I treat difficult cases: Tips & Tricks

Farouk Talaat, Egypt

Hayrunnissa Bolay, Turkey

Modar Khalil, UK



سمارت هاوس المطور العقاري رقم 1 لأكبر المشروعات الطبية



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 - 6056 Al Miraj City Near To Carrefour Maadi
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دفعة تعاقد تبدأ من 15 % وتسهيلات حتى 72 شهر
العرض ساري حتي 30/9/2018

أكبر مول طبي في مدينة الشروق علي مساحة 7000 م²



ميديكال سنتر 3 مدينة نصر

دفعة تعاقد تبدأ من 15 %
وتسهيلات حتى 42 شهر

أكبر مول طبي في مدينة نصر علي مساحة 5000 م²



تاون سنتر مدينة الشروق

دفعة تعاقد تبدأ من 20 %
وتسهيلات حتى 60 شهر

بجوار دار مصر وأمام نادي جرين هيلز مساحة 4300 م²



اليجانتي التجمع الخامس

دفعة تعاقد تبدأ من 20 %
وتسهيلات حتى 48 شهر

بجوار شارع ال 90 في القاهرة الجديدة علي مساحة 4200 م²



أوزون التجمع الخامس

دفعة تعاقد تبدأ من 25 %
وتسهيلات حتى 72 شهر

أكبر صرح طبي في مصر علي مساحة 18000 م²



MIGRAINE



 NOVARTIS

IN
TEAMWORK,
WE BELIEVE

