

3rd MENA Headache

2nd African Headache

1 st Egyptian Headache Conference

Under the Auspices of The International Headache Society (IHS) in collaboration with The Headache Chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery. Pan Arab Union of Neurological Societies. The European Headache Federation. World Federation of Neurology. The European Academy of Neurology. Ain Shams University Virtual Hospital.

Conference 18th-20th October 2018 Conrad Cairo Hotel, Egypt www.menaheadache.org



Welcome Message

Dear Colleagues

It is a great pleasure and an honor to extend to you a warm invitation to attend the 3rd Middle East North Africa (MENA) Headache Conference, to be held October 18 – 21, 2018 in Cairo Egypt.

The 2018 conference is organized by MENA Headache under the auspices of the international Headache Society and in collaboration with the European Headache Federation and the headache chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery.

It is also endorsed by the European Academy of Neurology and the World Federation of Neurology.

The conference will present the state-of-the-art in headache research and management, reflecting the huge advances in this field in the past decade.

More than 50 international experts will be speaking at the conference, covering the wide range of topics on migraine and other headache types.

Hands-on workshops and lectures by the world's most eminent headache scientists will surely make it an outstanding scientific experience.

Cairo is an exceptional location for the conference. It is renowned as one of the world's most outstanding cities, with a rich history and a vibrant atmosphere. The social program highlights Egypt's unique culture and arts will surely be a memorable experience in one of the world's most popular tourist destinations.

We hope you will join us for a symphony of outstanding science, and take a little extra time to enjoy the spectacular and unique beauty of Egypt.

With best wishes,

M. Osama Abdulghani



Chairman of the Headache Chapter & Conference

Prof. M. Osama Abdulghani

Honorary Chairman

Prof. Khaled El Borolossy

The MENA Headache Conference Co-chairs

Abu baker AlMadani Hayrunnissa Bolay Najib Kissani Ramez Reda Moustafa Stefan Evers Youssoufa Maiga (UAE) (Turkey) (Morocco) (Egypt) (Germany) (Mali)



Key Speakers

Hayrunnisa Bolay	(Turkey)
Ishaq Abu-Arafeh	(UK)
Koen Paemeleire	(Belgium)
Lars Edvinsson	(Sweden)
Massimo Leone	(Italy)
Mattias Linde	(Norway)
Paolo Martelletti	(Italy)
Peter Goadsby	(UK)
Rob Cowan	(USA)
Stephen Silberstein	(USA)
Timothy Steiner	(UK)

Scientific committee

Ayman Al Boudi
Callixte Kuate
Deeb Maxwell Kayed
Derya Uluduz
Emanuel Sanya
Emmanuel Obehighe
Endgena Abebe
Fawzi Mahomoodally
Hassan Hosny
Lala Seck
Maouly Fall
Michael Ndungu
Mohamed El Tamawy
Nevine El Nahas
Tadesse Seda
Ziad El Chami

(UAE) (Cameroun) (UAE) (Turkey) (Nigeria) (Nigeria) (Ethiopia) (Mauritius) (Egypt) (Senegal) (Senegal) (Kenya) (Egypt) (Egypt) (Ethiopia) (Saudi Arabia)

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Haitham Hamdy	(Egypt)
Hatem Samir	(Egypt)
Khaled El Toukhy	(Egypt)
Magd Zakaria	(Egypt)
Mona Mokhtar	(Egypt)
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Randa Amin	(Egypt)
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Sherin Farag	(Egypt)
Tamer Hussein Emara	(Egypt)



2nd African Headache Conference



1St Equption Headache Conference

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Chairpersons Alphabetical Order

Ahmed Abd El-Aziz Abo Hagar Ali Soliman Taha Kamel Alloush Wafik El-Sheikh

The epidemiology and healthcare burden of headache "Focus on regional data" Maria Khan Junaidi, UAE

1st epidemiological door to door study about headaches in Morocco Najib Kissani, Morroco

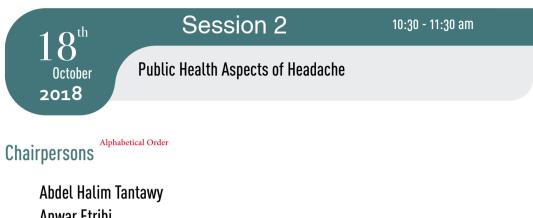
Ain Shams university experience in headache clinic Randa Amin, Egypt

Nigerian experience in headache practice Yahaya Obiabo, Nigeria

Chronic Migraine, MENA Region Experience in the past 10 years Ziad AlChami, KSA

UAE experience in having a multidisciplinary headache clinic Abu Baker AlMadani, UAE





Anwar Etribi Hamdy N. El-Tallawy Mohamed S. El-Tamawy

The GBD studies 1990- 2018: headache, disability and public ill health in the world and in MENA Timothy Steiner, UK

The HUNT studies from Norway: lessons for headache and public health in MENA Mattias Linde, Norway

The DREAM programme: can it guide headache service delivery in sub-Saharan Africa? Massimo Leone, Italy

11:30 am – 12:00 pm

Coffee break & Press Conference





Khaled Elborollosi, Egypt Osama Abdulghani, Egypt Hayrunnissa Bolay, Mena Headache Mohamed Shehab, PAUNS Riad Gouider, WFN Paolo Martelletti, President EHF, Italy Lars Edvinsson, President IHS, Sweden





Alphabetical Order Chairpersons

Farouk Talaat Maged Abdel Naseer Mahmoud Haroun Saher Hashem

Impact of Headache: Is it worth it? Osama Abdulghani, Egypt

Demystifying the science of monoclonal antibodies in migraine Lars Edvinsson, President IHS, Sweden

Job Burden of Headache Disorders Paolo Martelletti, President EHF, Italy







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Symposium Panel Abu Baker Al Madani Stephen Silberstein Hayrunnissa Bolay Ramez Reda Celebrity Guest of Honor

Reimagine Migraine Management "CGRP Receptor Antagonism" Peter Goadsby, UK





Chairpersons

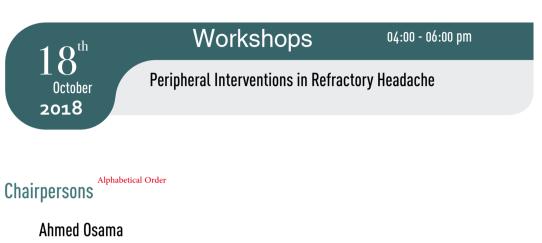
Nabil El Agouz **Obsis Madkour** Samiha Abd El-Moneim Yosria Altaweel

Tension headache and depression Nahla El Sayed

03:00 - 04:00 pm

Lunch





Magdy Aidaros Mohamed Hamdy Wafaa Farghaly

Head and neck nerves blockade Sphenopalatine ganglion and trigger points' blockade Derya Uluduz, Turkey

Ultrasound - Guided Cervical Root Injection Ahmed Elsadek, Egypt

Radiofrequency Interventions In Headache Ahmed Abd Al Barr, Egypt





Moderator Osama Abdulghani

Chronic migraine and Botulinum Toxin Workshop Pinar Yalinay, Turkey Nevine Mohieldin Shalaby, Egypt Nevine El-Nahas, Egypt





Amira Zaki Koen Paemeleire Samia Ashour Timothy Steiner

Quantitative D Dimer Level & Anticoagulant Therapy In Idiopathic Intracranial Hypertension Sherine El Mously, Egypt

Sleep & Psychiatric Abnormalities In School Aged Children With Migraine Sherine Ahmed, Egypt

Efficacy Of Repetitive Tms In Treatment Of 1ry Chronic Daily Headache Aya Farouk, Egypt

Traditional understanding of migraine Yared Zenebe, Ethiopia

Neurotransmitters in Migraine: The endocannabinoid system (ECS) in Migraine Micheal Ndungu, Kenya



Utility Of Orbital Ultrasound In Headache Of Intracranial Hypertension: Cunu Experience Nermine Kishk, Egypt

Volumetric Brain changes in migraine Ghada Saeed Abdelazim, Egypt

Migraine Related Disability & Comorbid Depression Among Migraineurs In Ethiopia: A Cross Sectional Study Yared Yifru, Ethiopia

Spontaneous Intracranial Hypotension Swings Between Over- And Under-Estimation Wafik Bahnasy, Egypt

Prevalence of Migraine in Upper Egypt Mohamed Abd Elhamid, Egypt





Abdallah Maamoun Sarhan Ashraf Abdou Mahmoud Hemida Sherif Hamdy

Update in migraine pathophysiology Peter Goadsby, UK

Sensorial processing disruption in migraine Hayrunnissa Bolay, Turkey

Migraine &Epilepsy Hassan Hosny, Egypt

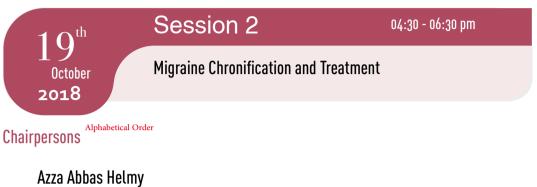
Clinical diagnosis of headache: A sub-Saharan African Approach Callixte Kaute, Cameroon

Impact of Migraine Lala Seck , Senegal

04:00 pm - 04:30 pm

Lunch





Hussein Mohamed Mohamed Saad Wael Fadel

Chronic migraine: recognizing and treating spontaneous intracranial hypotension Robert Cowan, USA

Update in migraine treatment Stephen Silberstein, USA

Tailoring treatment in Migraine Ramez Reda Moustafa, Egypt

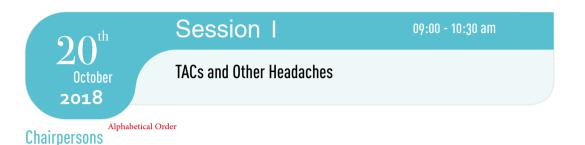
Neuromodulation Impact on Chronic Migraine Hatem Samir, Egypt

Epidemiology of migraine in sub Saharan Africa Youssoufa Maiga, Mali

08:00 pm

Presidental Dinner





Hala Shahin Hassan Hosny Mahmoud Abd El-Sayed Tarek Rageh

Trigeminal Autonomic Cephalagia: Types and Classification Ayman Nasef, Egypt

Treatment guidelines for Cluster headache and other TACs Koen Paemeleire, Belgium

Neuromodulation impact on chronic migraine management Tedessa Sedda, Ethiopia

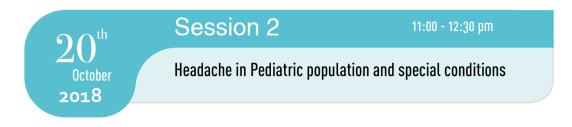
Does headache affect memory: myth or fact? Yasir Malik, UAE

Cairo University Headache Clinic Experience Hatem Samir

Rare Primary Headaches Sherine Farag, Egypt 10:30 – 11:00 am

Coffee break





Alphabetical Order

Abou Zeid Khodair Ahmed Azab Mona Raafat Shoura Youssef

Chronic migraine in children Ishaq Abu-Arefah,UK

Clinical approach to Childhood headache Nahed Salah, Egypt

Headache and Epilepsy Mahmoud Hemida, Egypt

Migraine/Trigeminal Neuralgia relationship Khaled Al Toukhy, Egypt

Headache during pregnancy Waheeb Haroun, Sudan





El Sayed Tag El Din Gharib Fawi Najib Kissani

How can we use telemedicine in headache management? Najib Kissani, Morroco

The role of complementary and alternative medicine and Traditional medicines medicines in headache management: Potential therapeutic benefits or placebo effect? Fawzi Mahomoodally, Mauritius

Traditional practices for headache management in Ethiopia Endegena Abebe, Ethiopia

Ain Shams Virtual Hospital Experience: The Treat and Teach Initiative Tamer Emara, Egypt

Uses of Technology in Headache Shahinaz Helmy, Egypt





MS & Migraine – Related or Coincidence? Dina Zamzam, Egypt





Alphabetical Order Chairpersons

Abd El-Naser Mourad Abdel-Raouf Omar Azza Abd El-Nasser Mohamed Elwan

Diagnosis of Secondary Headache- Emphasis on the Middle East Modar Khalil, UK

Medication overuse headache: A new name for an old problem Robert Cowan, USA

Secondary headache Maouly Fall, Senegal

Recent management of idiopathic intracranial hypertension Salah Hamada, Egypt

Cervicogenic& sinus headache Deeb Maxwell Kayed, UAE

04:00 - 05:00 pm

Lunch





Moderator

Randa Amin

How I treat difficult cases: Tips & Tricks

Farouk Talaat, Egypt Hayrunnissa Bolay, Turkey Modar Khalil, UK





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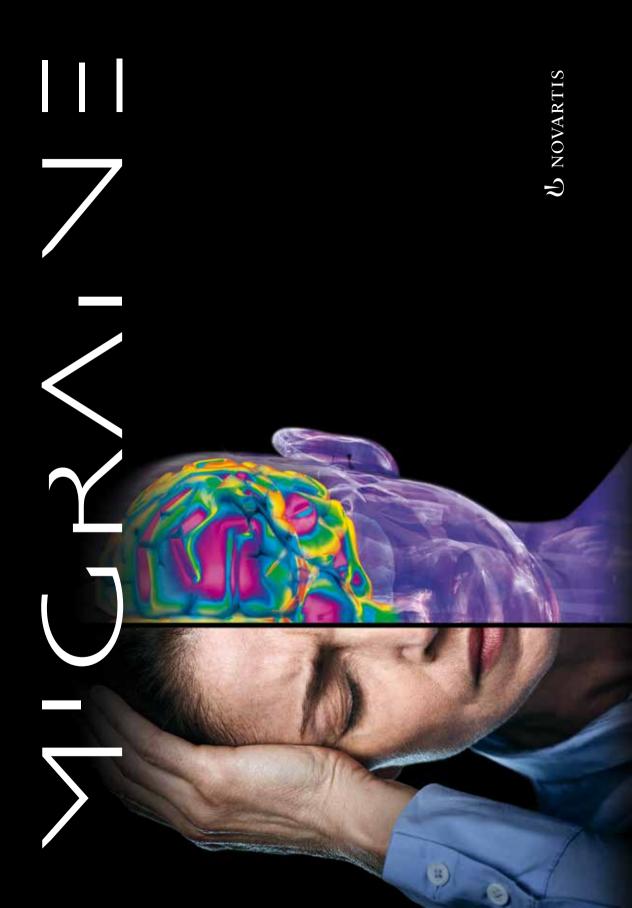
دفعة تعاقد تبدأ من 20 % وتسهيلات حتى 48 شهر

بجوار شارع ال 90 في القاهرة الجديدة على مساحة 4200 م



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