



6th International Congress of

Egyptian Arthroscopy Association

EGAA 2018

20th – 22nd February 2018

Intercontinental city stars. Cairo- Egypt

Emaritus President of the EGAA
Prof. Ahmed Abdel Aziz

President of The Congress & EGAA
Prof. Hossam El Shafei

Honorary President of The EGAA
Prof. Adel Hamed

Congress General Secretary
& EGAA Vice President
Prof. Hossam Nagy



Program Book

WELCOME MESSAGE

WELCOME MESSAGE

(EGAA Board)

Executive Board

(Board Members)



Opening ceremony



08:30-09:00

20February 2018
Tuesday**Session 1**

Papers & lectures

ACL injuries

09:00 – 10:00

Chairpersons)

- | | |
|---------------|--|
| 09:00 - 09:10 | Arthroscopic single tunnel pullout suture fixation for tibial eminence avulsion fracture
Ahmed Nady |
| 09:10 - 09:20 | Results of hamstring graft augmentation in arthroscopic ACL reconstruction
Mohamed Abo El Atta |
| 09:20 - 09:30 | Intraarticular anterior cruciate ligament reconstruction using hyprid graft (hamstring & ITB) in combination with extra-articular lateral tenodesis of the iliotibial band
Assem Mohamed Nour Eldin Zein |
| 09:30 - 09:40 | Does anterolateral ligament reconstruction improve the clinical outcome in ACL reconstruction with hamstrings – a comparative study
Fawzi Hamido |
| 09:40 - 09:50 | Combined opening wedge HTO and ACL reconstruction for ACL deficient knees with medial compartment OA
Adham ElSharkawy |
| 09:50 - 10:00 | Discussion |

20February 2018
Tuesday

Session 2

Lectures

ACL injuries

10:00 – 11:25

Chairpersons

- | | |
|---------------|--|
| 10:00 -10:15 | ACL tunnel placement – anatomic or ideal?
Ahmed Abd El Aziz |
| 10:15 -10:30 | ACL reconstruction with remnant preserving technique
Adachi |
| 10:30 -10:45 | The A la Carte approach to ACL surgery
Bruce Reider |
| 10:45 -11:00 | ACL – Internal Brace – Indication, technique and results
Robert Srei |
| 11:00 - 11:15 | Return to sports after ACL reconstruction
Gernot Felmet |
| 11:15 -11:25 | Discussion |



11:25 - 11:55

Coffee Break



Session 3

Lectures

ACL Revision



11:55 – 01:30

Chairpersons

11:55 - 12:10	ACL and PCL healing response Gernot Felmet
12:10 - 12:25	Algorithm of ACL revision Gernot Felmet
12:25 - 12:40	Revision ACL reconstruction – technical considerations and pitfalls Adachi
12:40 - 12:55	Does radiological evaluation many years after ACL reconstruction help in defining causes of failure? Roshdy El Sallab
12:55 - 01:05	Discussion
01:05 - 01:30	Company symposium

20

February 2018
Tuesday

Session 4

Lectures

PCL & Multiligament injured knee

01:30 – 02:40

Chairpersons

- | | |
|---------------|---|
| 01:30 - 01:45 | Arthroscopic PCL reconstruction
Saed Althany |
| 01:45 - 02:00 | Medial side knee injury : diagnosis & treatment
Ayman Ebied |
| 02:00 - 02:15 | Posterolateral corner reconstruction
Mohamed Abo El Nour |
| 02:15 - 02:30 | Multi-ligament reconstruction: surgical planning and technical tips
Robert Srei |
| 02:30 - 02:40 | Discussion |



02:40 - 03:40

Lunch



Session 5

Lectures & case presentation



03:40 – 04:40

Chairpersons

03:40 - 04:00	Case presentation Ahmed Abd El Aziz
04:00 - 04:15	Infection after ACL reconstruction Faisal El Sherief
04:15 - 04:30	Arthrofibrosis after ACL reconstruction Hesham El Kady
04:30 - 04:40	Discussion



Session 6

Lectures

Patellofemoral joint



04:40 – 05:45

Chairpersons)

- | | |
|---------------|---|
| 04:40 - 04:55 | Acute patellar dislocation: cast versus immobilization versus surgery
Amr Rashwan |
| 04:55 - 05:10 | Management of patellofemoral problems with Trochleoplasty and MPFL reconstruction
Joerg Jerosch |
| 05:10 - 05:25 | Failed MPFL: what next?
Maheer El Assal |
| 05:25 - 05:35 | Arthroscopic cartilage management with a cell free device
Joerg Jerosch |
| 05:35 - 05:45 | Discussion |



Workshop



05:45 – 07:30



Session 1

Lectures

Miscellaneous



09:00 – 10:10

Chairpersons

09:00 - 09:15	SLAP + LHB tenodesis Nuno Gomes
09:15 - 09:30	Long head of biceps tendon from top to bottom Khaled Shohayyeb
09:30 - 09:45	ACJ repairs Nuno Gomes
09:45 - 10:00	Regenerative solutions for shoulder and elbow disease Young L. Moon
10:00 - 10:10	Discussion



Session 2

Lectures

Shoulder instability



10:10 – 11:20

Chairpersons

- | | |
|---------------|---|
| 10:10 - 10:25 | Treatment of 1 st time dislocation
Ahmed Saied |
| 10:25 - 10:40 | Knotless/ soft anchors solutions for labral repairs
Nuno Gomes |
| 10:40 - 10:55 | Tips and tricks in shoulder instability
Mohammed Gamal |
| 10:55 - 11:10 | Treatment of bone loss in anterior shoulder instability
Ezzat Kamel |
| 11:10 - 11:20 | Discussion |



11:20 - 11:50

Coffee Break



Session 3

Lectures
Editing

11:50 – 01:30



Chairpersons

- | | |
|---------------|--|
| 11:50 - 12:05 | Getting Your Research Published
Bruce Reider |
| 12:05 - 12:20 | How to Review a Paper
Bruce Reider |
| 12:20 - 12:35 | Open Access Publishing in Sports Medicine
Bruce Reider |
| 12:35 - 12:50 | Is Laboratory Research Relevant to Clinical Sports Medicine
Bruce Reider |
| 12:50 - 01:00 | Discussion |
| 01:00 - 01:30 | Company symposium |



Session 4

Lectures

Rotator cuff



01:30 – 02:40

Chairpersons

- | | |
|---------------|--|
| 01:30 - 01:45 | Intratendinous tear: repair or not?
Ahmed Kandil |
| 01:45 - 02:00 | Rotator cuff tears : controversies and conundrums
Bruce Reider |
| 02:00 - 02:15 | How to treat massive rotator tears, tips and pearls.
Eduardo palma |
| 02:15 - 02:30 | Arthroscopic treatment of failed rotator cuff repair
Bassem Flega |
| 02:30 - 02:40 | Discussion |



02:40 – 03:40 Lunch



EGAA Business Meeting

11:50 – 01:30



For Active Members Only



Session 5

Papers & lectures

Shoulder instability



03:40 – 05:00

Chairpersons

- | | |
|---------------|---|
| 03:40 – 03:55 | Superior capsular reconstruction
Eduardo Palma |
| 03:55 – 04:10 | Latissimus Dorsi transfer
Nuno Gomes |
| 04:10 – 04:20 | Treatment of Irreducible Traumatic Anterior Shoulder Dislocation Secondary to Subscapularis Tendon Interposition—Technical notes
Maysara A. Bayoumy |
| 04:20 – 04:30 | Arthroscopic bankart repair with subscapularis augmentation in anterior shoulder instability
Emad Zayed |
| 04:30 – 04:40 | Laterjet procedure combined with inferior capsular shift for recurrent anterior shoulder instability in patients with hyperlaxity
Mohamed Abouheif |
| 04:50 – 05:00 | Discussion |



Workshop



06:00 – 07:00



Session 1

Papers

Knee



09:00 – 10:10

Chairpersons

- | | |
|---------------|--|
| 09:00 - 09:10 | Percutaneous lateral collateral ligament reconstruction
Mohamed Hamed Fahmy |
| 09:10- 09:20 | Outcome of combined all-inside and outside-in arthroscopic meniscal repair: long term study
Abd El Samie Halawa |
| 09:20 - 09:30 | our experience with RAMP lesions, reporting incidence in ACL deficient knees and different techniques of repair
Begad Abd El Razek |
| 09:30 - 09:40 | Discoid medial meniscus, a report of three cases
Mustafa Mesriga |
| 09:40 - 09:50 | Technique and results of repair of radial and complex tears lateral meniscus
Mahmoud Ahmed Abd El Aziz |
| 09:50 - 10:00 | Mansoura experience in meniscus root repair
Abd El Rahman El Ganayny |
| 10:00 -10:10 | Discussion |



Session 2

Lectures

Foot & Ankle



10:10 – 11:20

Chairpersons

- | | |
|---------------|--|
| 10:10 - 10:25 | Expanded indications of hindfoot Arthroscopy
Jorge Baptista |
| 10:25 - 10:40 | Endoscopic Calcaneoplasty
Mark Moritz |
| 10:40 - 10:55 | Arthroscopic FHL transfer for Chronic Achilles' tendon tears
Nasef Mohamed Nasef |
| 10:55 - 11:10 | Arthroscopic Lateral ligament repair - My technique
Jorge Baptista |
| 11:10 - 11:20 | Discussion |



11:20 - 11:50

Coffee Break



Session 3

Lectures

Hip



11:50 – 01:40

Chairpersons

11:50 - 12:05	Indications and Limitations of Hip Arthroscopy Hatem Galal
12:05 - 12:20	Management of Cartilage lesions Van Melkebeek Jan
12:20 - 12:35	Labral Repair : Techniques and outcome Mohamed Rakha
12:35 - 12:50	Cam Osteoplasty Hatem Galal
12:50 - 01:05	Endoscopic release of nervus ischiadicus and piriformis tendon for piriformis syndrome; diagnosis, indication for release, technique and results Van Melkebeek Jan
01:05 – 01:15	Discussion
01:15 – 01:40	Company symposium



Session 4

Lecture Meniscus



01:40 - 02:50

Chairpersons

- | | |
|---------------|---|
| 01:40 - 01:55 | Meniscal repair options and outcome
<i>Ahmed Hany</i> |
| 01:55 - 02:10 | Meniscal root lesions, How to treat??
<i>Mohamed Sobhy</i> |
| 02:10 - 02:25 | Ramp lesions, when to treat??
<i>Mohamed Abd El Hamid</i> |
| 02:25 - 02:40 | Meniscal augmentation
<i>Amr Ahmed</i> |
| 02:40-02:50 | <i>Discussion</i> |



02:50 - 03:50

Lunch



Session 5

Papers

Miscellaneous



03:50 – 05:00

Chairpersons

03:50 - 04:00	Suspensory fixation for ankle syndesmotic injuries Faisal Zayed
04:00-04:10	Concurrent biceps pathology and frozen shoulder Amr Abdel-Mordy
04:10- 04:20	Inter-observer reliability of C.T VS MRI for measurement of small bony Bankart and small Hill-Sachs defect Hossam Elsyed
04:20-04:30	Arthroscopic bone block procedure through rotator interval Moustafa Raafat
04:30- 04:40	Suspensory Anterior Tibial Fixation in the Anatomic Transtibial Posterior Cruciate Ligament Reconstruction Ashraf Elazab
04:40 - 04:50	Early clinical and radiological results of PCL internal bracing in multiligament injured knee Ahmed Samir Helal
04:50 - 05:00	Discussion



Workshop



05:10 – 06:10

IN
TEAMWORK,
WE BELIEVE

