



5th International Congress of

Egyptian Arthroscopy Association

EGAA

In collaboration with

**European Society of Sports Traumatology,
Knee Surgery and Arthroscopy**

21st – 23rd February 2017

Intercontinental city stars. Cairo- Egypt

Emaritus President of the EGAA

Prof. Ahmed Abdel Aziz

President of The Congress & EGAA

Prof. Roshdy El Sallab

Honorary President of The EGAA

Prof. Adel Hamed

Congress General Secretary

& EGAA Vice President

Prof. Hossam El Shafel

Program Book



Welcome Message

Dear colleagues

On behalf of EGAA board , and myself; I would like to share all of you our annual international conference 2017 ; with more and more updates in our ARTHROSCOPIC surgery science. This year, the conference will be in collaboration With one of International societies: ESSKA (European society for knee and Arthroscopic surgery) .

Actually, I appreciate the tremendous efforts made by all EGAA board especially professor Adel Hamed; Hossam Elshafie; Ayman Ebid; Mohamed Aboelnour; Mohamed Gamal and professors who were leaders of EGAA for years.

I pray Allah to help us to transfer experience and update scientific knowledge to all Orthopaedic surgeons from the very high level speakers who are Egyptians and from different countries;

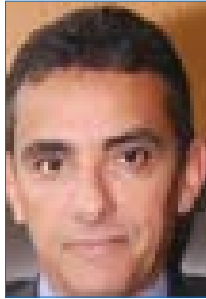
Dear colleagues: our success is your satisfaction

Sincerely

Prof. Roshdy El Sallab

A handwritten signature in blue ink that reads "Roshdy El Sallab". The signature is fluid and cursive.

President of EGAA



Welcome Message

Dear members and friends of the Egyptian Arthroscopy Association, Dear colleagues and guests,

We are looking forward to welcome you at the 5th annual meeting of the Egyptian Arthroscopy Association (EGAA) in Cairo .

The EGAA international meeting contains instructional lectures presented by eminent international and national lecturers as well as papers presentations and symposiums.
We are aiming to discuss the latest innovations in the field of sport injuries and to meet the industry to know the latest implant design.

By attending this meeting you can provide your patients the best care according to the latest international standards.

We hope you enjoy your stay in Cairo and return home safely.

Sincerely

Prof. Hossam El Shafei



Vice President of EGAA

EGAA Board

Executive Board

Emeritus President of EGAA

Prof. Ahmed Abdel Aziz

Honorary President of EGAA

Prof. Adel Hamed

President of EGAA

Prof. Roshdy El Sallab

Vice President of EGAA

Prof. Hossam El-Shafei

General Secretary

Prof. Hossam Nagi

Treasurer of EGAA

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Prof. Ezzat Kamel

Prof. Hesham El Kady

Ass. Prof. Mohamed Gamal Morsy

Dr. Mohamed Abou El Nour

Past President of EGAA

Past President of EGAA

International Guest Speakers



Anant Mahapatra



Ireland

MS (Orth),FRCS, MCh (Orth),FRCS(Orth)
Consultant Orth. Surgeon
Hon. Sr. Lecturer.
RCSI Dublin North East.



Andreas Imhoff



Germany

Professor of Orthopedic Surgery and Traumatology, Director Department of Orthopedic Sports Medicine
Hospital Rechts der Isar University of Munich



Basim Fleega



Germany

Director GOC Orthopedic Hospital Bonn



Chris DiGiovanni



USA

Associate Professor and Vice Chairman (Academic Affairs), Harvard Medical School
Chief, Division of Foot & Ankle Surgery
Depts. of Orthopaedic Surgery, Massachusetts General Hospital and Newton-Wellesley Hospital



Fillip Bataillie



Belgium

Orthopedic Surgeon, General Hospital St-Elisabeth, Herentals, Belgium

**Francesco Allegra****Italy**

Medical doctor and associate professor at University La Sapienza of Rome, seat of Latina, Italy

**Ji SOON Park****UAE**

Consultant Physician, Orthopedic Surgery, Sheikh Khalifa Specialty Hospital, UAE

**Joan Carlos Monllau****Spain**

Head of the Department of Orthopedics and Traumatology
Hospital del Mar
Head of the Knee & Arthroscopy Unit
ICATME - Hospital Universitari Dexeus
Professor of Orthopaedics
Universitat Autònoma de Barcelona - UAB
Vice-General Secretary
European Society of Sports Medicine, Knee and Arthroscopic Surgery - ESSKA

**Joerg Jerosch****Germany**

Professor of Orthopaedic Surgery and Traumatology
Director Department of Trauma and Orthopedic Sports Medicine, Hausanschrf.

**Joo Han Oh****Korea**

Chief of Shoulder Surgery Division, Department of Orthopaedic Surgery
Seoul National University College of Medicine, Seoul, Korea
Director of Upper Extremity Service, Joint Reconstruction Center
Seoul National University Bundang Hospital, Korea

**Marc Tey****Spain**

Hip Surgery
Orthopedic Department, Hospital del Mar
iMove Traumatología, Clínica Tres Torres
Barcelona, Spain

**Peter Schaferhoff****Germany**

A specialist of orthopedic surgery, sports medicine and chiropractic therapy, He also holds a degree in sports science.

**Pietre D Hooghe****Belgium**

Orthopaedic surgeon
Ass. Chief of Surgery for Research
President ISAKOS F&A Committee

**Roman Brzoska****Poland**

Head of the Upper Limb Department, St. Lukas Hospital, Bielsko-Biala, POLAND

**Winfried Banzer****Germany**

Dean
Head of the Department of Sports Medicine
Goethe University Frankfurt

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Registration

08:00

08:45



Opening Ceremony

08:45

09:00



Prof. Ahmed Abd El Aziz
Emaritus president of EGAA

Prof. Adel Hamed
Honorary president of EGAA

Prof. Roshdy El Sallab
Congress president
EGAA president

Prof. Hossam El Shafei
Congress general secretary
EGAA vice president



Session I

Papers & Lectures

09:00

10:00

**Chairpersons**

Abd El Aziz El Singergy
Joerg Jerosch
Mohamed Zada

- | | |
|---------------|--|
| 09:00 – 09:10 | The current evidence of injectable therpaies for treatment of early arthritis PRP VS Hyalouronate
Khaleel Hasan Khaleel |
| 09:10 – 09:20 | When to involve the distal femur in realignment osteotomies around the knee
Akram Eldawodi |
| 09:20 – 09:35 | Arthroscopic Cartilage management with a cell free device
Joerg Jerosch |
| 09:35 – 09:50 | Cartilage treatment in high performance Athletes
Peter Schaferhoff |
| 09:50 – 10:00 | Discussion |



Session II

Debates around ACL reconstruction: (Different techniques)

10:00

10:55



Chairpersons

Ahmed Abd El Aziz

Ayman Ebied

Peter Schaferhoff

- | | |
|---------------|---|
| 10:00 – 10:15 | Acute ACL repair fixation methods
Ahmed Waly |
| 10:15 – 10:30 | ACL reconstruction with internal brace ligament augmentation
Peter Schaferhoff |
| 10:30 – 10:45 | Transtibial versus anteromedial portal technique
Aymen Ebied |
| 10:45 – 10:55 | Discussion |



Coffee Break

10:55 – 11:25



Session III

Strategies for bone defect in the treatment of anterior shoulder instability

11:25

12:35



Chairpersons

Ahmed Abd El Samie
Andreas Imhoff
Ezzat Kamel

11:25 – 11:40	Surgical strategy and technique of shoulder instability Andreas Imhoff
11:40 – 11:55	Anterior shoulder instability due to bone loss Mohamed Abo El Nour
11:55 – 12:10	Remplissage: when the Bankart is not enough? Waled Reda
12:10 – 12:25	The Latarjet procedure: Open is still good for patients Ahmed Kandil
12:25 – 12:35	Discussion



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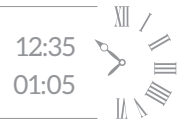
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Pfizer Symposium



Chairpersons

Hossam El Shafei
Roshdy El Sallab



New Era in VTE prophylaxis
Mohamed Sobhy



Session IV

Massive rotator cuff tear: To preserve or to replace?

01:05

02:15



Chairpersons

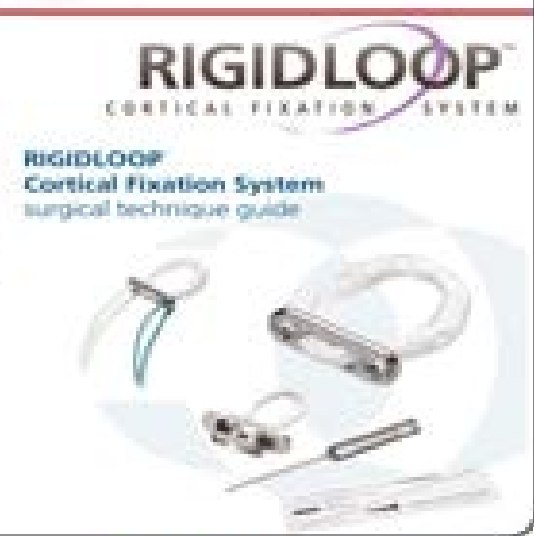
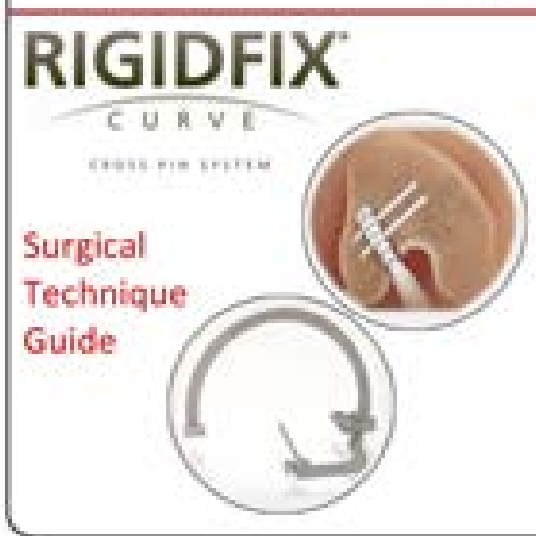
Adel Hamed
Joo Han Oh
Khaled Shoahayeb

- | | |
|---------------|---|
| 01:05 – 01:20 | Augmentation of RC repair by LHB ; Are results better ?
Khaled Shoahayeb |
| 01:20 – 01:35 | How to manage irreparable looking massive RCT
Joo Han Oh |
| 01:35 – 01:50 | My way of biologic augmentation of RC healing
Joo Han Oh |
| 01:50 – 02:05 | Management strategy for rotator cuff
Andreas Imhoff |
| 02:05 – 02:15 | Discussion |



Lunch

02:15 – 03:15





Session V

AC joint

03:15

04:10



Chairpersons

Amr Rashwan
Basem Fleega
Mohamed Abo El Nour

- | | |
|---------------|---|
| 03:15 – 03:30 | Management strategy for AC joint dislocation
<i>Andreas Imhoff</i> |
| 03:30 – 03:45 | Midterm results of combined acromioclavicular and coracoclavicular reconstruction using Nylon tape
<i>Ahmed Hany</i> |
| 03:45 – 04:00 | Technique of arthroscopic reconstruction of four-parts displaced proximal humerus fractures
<i>Basem Fleega</i> |
| 04:00 – 04:10 | <i>Discussion</i> |



Session VI

Patellofemoral joint

04:10

05:20



Chairpersons

Maheer El Assal
Mohamed Radwan
Younes Akl

04:10 – 04:25	Diagnosis of patellofemoral instability Maheer El Assal
04:25 – 04:40	Algorithm for treatment of patellofemoral instability Maged Samy
04:40 – 04:55	Management of patellofemoral problems with trochleoplasty and MPFL reconstruction Joerg Jerosch
04:55 – 05:10	Tibial tubercle osteotomy Ashraf Abdelkafy
05:10 – 05:20	Discussion

21STFebruary 2017
Tuesday**Workshop I**

05:20

06:20

**What is new in the shoulder?**

Andreas Imhoff

Germany

What is new in the knee?

Ahmed Hany

Egypt

Ezzat Kamel

Egypt

21STFebruary 2017
Tuesday**Workshop II**

05:20

06:20

**Updates in knee ligaments reconstruction**

Ahmed Abd El Aziz

Egypt



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Workshop III

05:20

06:20



Latest technology in rotator cuff and Bankart repair

Mohamed Morsy

Egypt

Walid Reda

Egypt



Workshop IV

05:20

06:20



Reverse shoulder arthroplasty



Reverse shoulder arthroplasty

Joerg Jerosch

Germany



Session I

Shoulder Session - Papers



Chairpersons

Hany El Kelesh
Hossam Nagy
Roman Brzoska

- | | |
|---------------|---|
| 09:00 – 09:10 | Arthroscopic repair of type-V SLAP lesion
Amr Abdel Mordy Kandeel |
| 09:10 – 09:20 | Arthroscopic suprascapular nerve decompression at the suprascapular notch : new arthroscopic landmarks and surgical technique
Tarek Fetaih |
| 09:20 – 09:30 | Arthroscopic Bankart repair using knot tying suture anchors via anterior portal
Faisal Zayed |
| 09:30 – 09:40 | Arthroscopic Latarjet – is it save for patients ?
Roman Brzoska |
| 09:40 – 09:50 | BLS technique for anterior shoulder instability treatment
Roman Brzoska |
| 09:50 – 09:55 | Discussion |



Session II

Multi-ligament injured knee: Recent trends

09:55

10:50



Chairpersons

Ahmed Said
Hossam El Shafei
Roshdy El Sallab

09:55 – 10:10	Controversies with acute multi ligament injured knee? Ahmed Said
10:10 – 10:25	Chronic combined ACL/PCL/ PLC Hosam Elshafei
10:25 – 10:40	Role of arthroscopy in acute multi ligament injured knee Roshdy El Sallab
10:40 – 10:50	Discussion



Coffee Break

10:50 – 11:20



Session III

Does ACL reconstruction Failure equal revision?

11:20

12:15



Chairpersons

Ahmed Waly
Moheb Fadel
Tarek Khalil

- | | |
|---------------|---|
| 11:20 – 11:35 | What is failure? / Non revision solutions for failed ACL
Ihab Ramdan |
| 11:35 – 11:50 | Strategies in the management of failed ACL surgery
Tarek Khalil |
| 11:50 – 12:05 | Infection after ACL surgery
Faisal El Sherif |
| 12:05 – 12:15 | Discussion |



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Chairpersons

Adel Hamed
Ahmed Abdel Aziz



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Dr. Sharif Omar

Vice President, Liptis Middle East and Africa (USA)



Session IV

Foot & Ankle



Chairpersons

Chris DiGiovanni
Francesco Allegra
Nasef Mohamed

- | | |
|---------------|---|
| 12:45 – 01:00 | Syndesmosis injuries how to avoid the problem
Chris DiGiovanni |
| 01:00 – 01:15 | Full arthroscopic repair of syndesmotic injuries
Francesco Allegra |
| 01:15 – 01:30 | Foot and ankle injuries in the middle east what are the challenges
Pietre D Hooghe |
| 01:30 – 01:45 | Lateral ligament injuries recent updates and techniques
Nasef Mohamed |
| 01:45 – 02:00 | Ankle lateral ligament injuries: overview of the arthroscopic treatments
Francesco Allegra |
| 02:00 – 02:10 | Discussion |



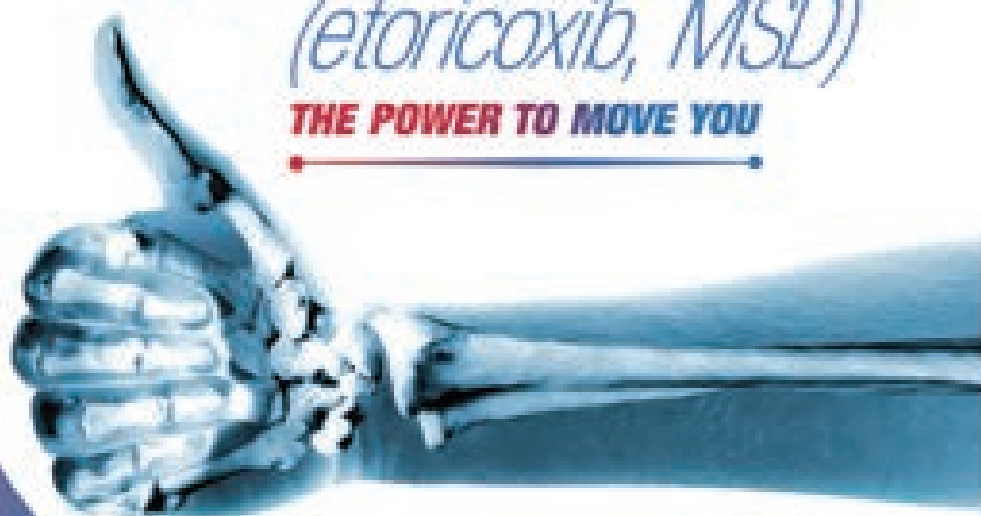
Lunch

02:10 – 03:10

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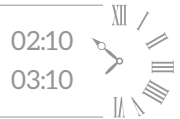


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EGAA Business Meeting



For Active Members Only



Session V

Rotatory Instability with ACL

03:10

04:10



Chairpersons

Mohamed Sobhy
Said Kareem
Winfried Banzer

03:10 – 03:25 Rotatory instability is it a central or peripheral pathology?
Adham Elsharkawy

03:25 – 03:40 Anterolateral ligament reconstruction
Mohamed Sobhy

03:40 – 04:00 Return to play: a neurocognitive perspective of ACL injury
Winfried Banzer

04:00 – 04:10 Discussion



Session VI

Papers

04:10

05:15



Chairpersons

Adel Anwar
Hamed El Gohary
Hesham El Kady

- | | |
|---------------|--|
| 04:10 – 04:20 | The accessory bands of the hamstring tendons: A clinical anatomical study
Hesham El Kady |
| 04:20 – 04:30 | Increased posterior tibial slope as a risk factor for multiple failures after ACL-reconstruction
Abdelsamie Halawa |
| 04:30 – 04:40 | Short term follow up for the outcome of combined anterior cruciate ligament and antero lateral ligament reconstruction
Fawzy Hamido |
| 04:40 – 04:50 | Percutaneous reconstruction of anterolateral ligament of knee with merseline tape
Ahmad M Wagih |
| 04:50 – 05:00 | Anatomic reconstruction of the posterolateral corner of the Knee
Mohamed Hamed Fahmy |
| 05:00 – 05:10 | Graft healing in anterior cruciate ligament reconstruction
Mohamed El Naggar |
| 04:10 – 05:15 | Discussion |

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Workshop I



What is new in the Foot and Ankle?

Nasef Mohamed

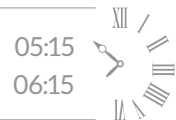
Egypt

Pietre D Hooghe

Belgium



Workshop II



Updates in shoulder arthroscopy

Ahmed Waly

Egypt

Mohamed Abo El Nour

Egypt



Workshop III

05:15

06:15



All knee solutions in one hand

Ayman Ebeid

Egypt

Mohamed Sobhy

Egypt



Workshop IV

05:15

06:15



All inside ACL using E.B. Family

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Ahmed Abdel Aziz

Egypt

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Session I

Lectures – Sports Medicine



Chairpersons

Gamal Hosny
Maged Samy
Mohamed Eraky

- | | |
|---------------|---|
| 09:00 – 09:15 | Proximal hamstring pathology diagnosis and treatment.
Filiep Bataillie |
| 09:15 – 09:30 | Acute repair of medial ligament injury
Moheb Fadel |
| 09:30 – 09:45 | Jumpers knee
Mohamed Abdelsalam Gomaa |
| 09:45 – 09:55 | Discussion |



Session II

Hip Session

09:55

11:35



Chairpersons

Filiep Bataillie

Hatem Galal

Mac Tey

09:55 – 10:10 Diagnosis of Hip Pathology
Mac Tey

10:10 – 10:25 FAI tips and tricks
Filiep Bataillie

10:25 – 10:40 Labral Tear
Filiep Bataillie

10:40 – 10:55 Cartilage lesion
Mac Tey

10:55 – 11:10 Psoas tendon
Ahmed Hazem

11:10 – 11:25 Complications
Hatem Galal

11:25 – 11:35 Discussion



Coffee Break

11:35 – 12:05

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Session III

Complex Shoulder Pathology (Papers & Lectures)

12:05

01:00



Chairpersons

Hany Morsy
Hazem Farouk
Mohamed Morsy

- | | |
|---------------|---|
| 12:05 – 12:20 | Massive cuff tear: Factors that influence the treatment.
<i>Mohamed Morsy</i> |
| 12:20 – 12:35 | When and how do I do biceps tenodesis or tenotomy?
<i>Joo Han Oh</i> |
| 12:35 – 12:45 | Reliability of arthroscopic assessment of glenoid bone loss in anterior shoulder instabilities
<i>Emad Zayed</i> |
| 12:45 – 12:55 | Prognostic factors affecting rotator cuff healing after arthroscopic repair in small to medium-sized tears
<i>Ji Soon Park</i> |
| 12:55 – 01:00 | <i>Discussion</i> |



Session IV

Osteotomies around the knee

01:00

01:40



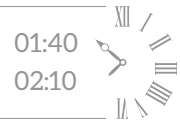
Chairpersons

Ahmed Abd El Aziz
Ezzat Kamel
Joan C. Monllau

- | | |
|---------------|---|
| 01:00 – 01:15 | Proximal tibial osteotomies
Ahmed Abd El Aziz |
| 01:15 – 01:30 | Osteotomy to correct lower limb deformities.
Joan C. Monllau |
| 01:30 – 01:40 | Discussion |



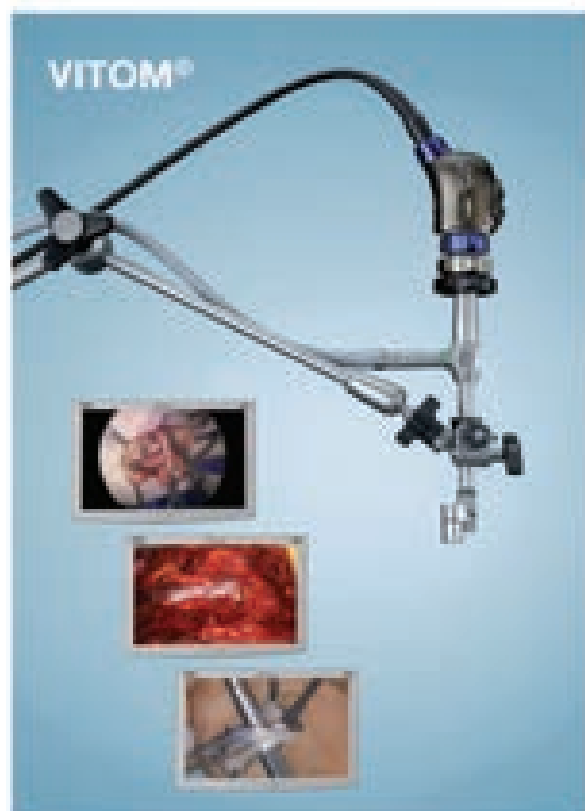
Session symposium



Chairpersons

Ezzat Kamel
Maher El Assal

Orthotic Treatment for Foot Deformity Dr. Khaled El Deeb



STORZ
KARL STORZ – ENDOSKOPE

eg
MEDICAL SYSTEMS



Session V

Meniscal Repair

02:10
03:20



Chairpersons

Akram El Dawodi
Mohamed Abd El Hamed
Safwat Shalaby

02:10 – 02:25	More and more evidence Mohamed Abdelhamid
02:25 – 02:40	Root Repair Abdelrhman Elganiny
02:40 – 02:55	Ramp repair with ACL Ahmed fouad
02:55 – 03:10	Outcome of meniscal repair Joan C. Monllau
03:10 – 03:20	Discussion



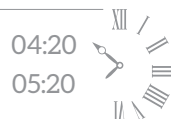
Lunch

03:20 – 04:20



Session VI

Miscellaneous: Lectures & Papers



Chairpersons

Amr Ahmed
Mohamed Gouda
Wael Abd El Kareem

- | | |
|---------------|--|
| 04:20 – 04:35 | Easy and reproducible technique of anatomic soft tissue and BTB ACL reconstruction
<i>Joan C. Monllau</i> |
| 04:35 – 04:45 | Arthroscopic release of talo-calcaneal coalition
<i>Wael Abd El Kareem</i> |
| 04:45 – 04:55 | Ankle syndesmosis controversies
<i>Anant Mahapatra</i> |
| 04:55 – 05:05 | The optimum tension for bridging sutures in transosseous-equivalent rotator cuff repair:
A cadaveric biomechanical study
<i>Ji Soon Park</i> |
| 05:05 – 05:15 | Medial patellofemoral ligament reconstruction by using semitendinosus
<i>Mohamed El Nahas</i> |
| 05:15 – 05:20 | <i>Discussion</i> |



Session VII

Papers Knee

05:20

06:20



Chairpersons

Mohamed El Shafie
Naser Selim
Sherif Sukkar

- | | |
|---------------|--|
| 05:20 – 05:30 | ACL single bundle in comparison to double bundle is equally good!
<i>Anant Mahapatra</i> |
| 05:30 – 05:40 | Revision ACL reconstruction by hamstring tendon auto graft
<i>Mohamed Abulsoud</i> |
| 05:40 – 05:50 | Combined anatomic reconstruction of the anterior cruciate and anterolateral ligaments using hamstring graft through a single femoral tunnel and with a single femoral fixation
<i>Assem Mohamed Nour El-Din</i> |
| 05:50 – 06:00 | Modified technique for for arthroscopic double bunle ACL reconstruction
<i>Naser Selim</i> |
| 06:00 – 06:10 | The importance of Schuss view of the knee in evaluating unicompartment arthritis and preop planning
<i>Mohamed Rizk</i> |
| 06:10 – 06:20 | <i>Discussion</i> |

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